



### OUR PHILOSOPHY

*Sacred Heart Parish School, with the support of parents, dedicates itself to teach the Gospel message, to build a faith community, and to serve through prayer and social action. SHPS provides an environment where students can develop into well-rounded, educated Christian citizens.*

### PRINCIPAL'S NEWS BYTES

**ITBS Testing Program:** Students in Grades 2 – 8 will have Diocesan standardized testing (Iowa Test of Basis Skills) from 8:00 - 9:30 a.m. on September 19, 20, 21, 22, 26, and 27. Because of the importance of this testing, parents are asked **Not** to make doctor or dental appointments for students during the above dates/hours. You are also asked to make sure that students are not 'tardy' on those days. In order to comply with testing procedures, there will be **NO INTERRUPTIONS** to classes during the testing hours. This means that students in Grades 2-8 who arrive late to school will have to wait in the office until 9:30. It also means that there will be no P.E., computer or music classes from 8:00 – 9:30, and that the office will not use the intercom to send for students, deliver messages, etc.

Because food and sleep are the best 'preparation' for testing, please help your child to do his/her best by making sure they get sufficient rest and eat a good breakfast during the testing time. We have tried to spread the testing out while keeping to the required dates so that students can do their best without getting fatigued.

Reports to parents regarding the performance of your child on the ITBS testing are prepared by the company and sent home through the school office. These reports are usually available by mid-November.

**Lost & Found:** Please take a few minutes to write your child's name on their sweatshirts, jackets, and lunch boxes. Put their first initial and last name, i.e. J. Doe. DO NOT put only their first names because there are multiples of almost everyone's name and we locate the child's classroom by their last name. The few moments of time spent will be well worth the effort by not having to replace the item.

### HINTS FOR PARENTS

#### Stop Morning Madness!

"I can't find my science book. Where are my shoes? I'm going to miss the bus!"

Sound familiar? It seems that middle graders are often looking for things at the last minute. This can turn your household into a noisy mess on school mornings. Simple routines can help your child begin each day feeling calm and prepared.

#### The night before:

- ✓ Gather books, homework, gym clothes, and other school items in one place.
- ✓ Lay out clothes.
- ✓ Pack lunch.
- ✓ Set the alarm.

#### In the morning:

- ✓ Get dressed.
- ✓ Eat a healthy breakfast.
- ✓ Leave the house at a set time

**Your Recipes are Needed:** Only 6 days left to submit your recipes for the St. Benedict's/Sacred Heart Cookbook. As of Monday of this week, we have received 183 recipes. Our goal is to publish 400 recipes, so that leaves us needing 217. The deadline is September 20<sup>th</sup>. Just go to [www.typensave.com](http://www.typensave.com) enter your name, our group login (saintbens) and password (5G7VC). See the attached flyer for details. Thank you for your contributions! Any questions, please call Beatrice at 635-5749.

### IMPORTANT DATES TO REMEMBER

Sept.	19 - 22	ITBS Testing
	21	No Assembly

#### Lunch Menu for the Week

Sept.	18	Monday	Round Table Pizza (1.75)
	19	Tuesday	Chicken Nuggets (1.75)
	20	Wednesday	Hot Dog (1.75)
	21	Thursday	Subway sandwich (2.00)
	22	Friday	Bean & Cheese Burrito (1.75)

