

## Mrs. Christenson

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My name is Bridget Christenson. Since 1982, I have been teaching Physical Education at Sacred Heart Parish School. In years past I have taught Preschool through Eighth grade Physical Education and served as the Athletic Director. Since 1997 I have taught Preschool through fifth grade Physical Education.

I have a Bachelors Degree in Physical Education with an emphasis in Elementary Physical Education from Sam Houston State University located in Huntsville, Texas. I received my California teaching credential from San Jose State University. I also received an Adapted Physical Education Credential from San Jose State University. Recently I completed my CLAD certificate from San Diego State University. I am a member of CAHPERD, a professional organization for physical educators.

I am very fortunate to work at SHPS. I worked here before I had children, taught my own children, and continued to work after my two children graduated from SHPS. I am looking forward to another exciting year. Please come by the gym and say hello!