

Mrs. Christenson

My name is Bridget Christenson. I have been teaching Physical Education at Sacred Heart Parish School since 1982, I am known as Mrs. C. In years past I taught Pre-School through 8th grade Physical Education and served as the Athletic Director. I currently teach Pre-School through 5th grade PE.

I have a Bachelors Degree in Physical Education with an emphasis in Elementary Physical Education from Sam Houston State University located in Huntsville, Texas. I received my California teaching credential from San Jose State University. I also received an Adapted Physical Education Credential from San Jose State University. Recently I completed my CLAD certificate from San Diego State University. I am a member of CAHPERD, a professional organization for physical educators.

I am very fortunate to work at SHPS. I worked here before I had children, taught my own children, and continued to work after my two children graduated from SHPS. I am looking forward to another exciting year. Please come by the gym and say hello!