

# The PULSE

## Sacred Heart Parish School

Volume 3, Issue 3

September 4, 2009

### Mission Statement

Sacred Heart Parish School, a Catholic Elementary School within San Benito County serves students preschool through eighth grade.

We are committed to teaching the gospel message of Christ, building community based on Jesus' command to love one another, and serving through prayer, worship, and social action. We provide an environment within which students receive training in our Catholic tradition.

We strive to develop competent and compassionate graduates through spiritual, academic and extracurricular programs. Students are empowered with leadership skills, values, and character traits to enrich personal living and develop as responsible, mature, faith-filled citizens.

### FUN NIGHT NEWS

We are in need of a chairperson and decoration donations for the Haunted House. Please contact Tina Garza or Lisa Scott.



### Pulse News:



This year we are sending the Pulse electronically. If you would like to receive a hard copy of the Pulse, let your child's teacher know so we can send one home with your child.

### NO SCHOOL

Mon. & Tues.  
Sept. 7th & 8th

What a week! We had approximately 180 participants at the Family Sock Hop on Thursday night, we had terrific fun with JJ the DJ and all the games.

Unfortunately, the week did not start off with such revelry. On Monday, we learned that our beloved Preschool teacher Mrs. Higgins has a medical condition that will not allow her to teach for awhile. We ask that you keep her in your families prayers as she is in ours and we are looking forward to her returning to us this year.

Another loss has befallen the school and that is the departure of Mrs. Ofelia Sanchez. Due to budget constraints and income issues of the church, the church is no longer able to continue her employment.

We are thankful to the church for their long-time generosity in allowing Mrs. Sanchez to take care of our campus, look after our children, and be an integral part of our day. We are saddened by the current circumstances and will continue to offer prayers and support to Mrs. Sanchez and her family.

Have a safe Labor Weekend,

*Mrs. Jurewicz*

### Parent Reminder:

Please do not bring fast food for your children at lunchtime as it causes a significant disruption among students during the lunch recess. If you need to bring a lunch, please be sure to bring a healthy lunch and drink.

Thank you for your cooperation.



*Save the Date*  
**November 14, 2009**  
*Celebrating Catholic Education*  
**San Juan Oaks**

Sacred Heart Foundation will host an Inaugural event. A dinner/dance, inviting alumni, community members, parishioners and parents to a reunion of sorts to Celebrate Catholic Education in which all proceeds will benefit the scholarship fund for students seeking to attend Sacred Heart Parish School. At this event we will honor alumni, current and former teachers for their service to Catholic education. Our efforts will help to enable families to provide their children with a foundation for life.

**February 6, 2010**  
**Mardi Gras Ball**  
**Bolado Park**



Sacred Heart Parish School annual fundraiser currently providing funds to the operating budget. We will need everyone's help to continue our successful fundraising efforts to support our school. Please contact John Brigantino to donate time, talent or treasure.

**Sweatshirt Orders**

All orders must be turned in by Sept. 11  
 Price of a sweatshirt is \$30 and only for Jr. High students who have earned a patch.

GIRLS VOLLEYBALL PRACTICE

SEPT. 9 & 10

7TH GR.—3:00-4:00PM

8TH GR.— 4:00-5:00PM



**Youth Basketball League Sign-Ups:** Boys and girls from third through eighth grade are invited to register for the Hollister National Junior Basketball (NJB) on Sept. 14 or 28. Registration will be held Mon. Sept. 14 from 6:30-8pm at Fire Station #2 (corner of Union Rd. and Airline Hwy.) and Mon. Sept. 28 from 6:30-8pm at the Bertha Briggs House 1221 Memorial Drive. Registration fee is \$250. For more information, including applications, and evaluation schedules go to [www.hollisternjb.com](http://www.hollisternjb.com)

**Upcoming PASS Meeting September 14**

All parents/guardians and staff are invited to attend the monthly PASS Board Meetings. The meetings are normally held the first Monday of every month, in the school library. Due to the Labor Day holiday, next month's PASS meeting will be held on **Monday, September 14 at 4:15pm in the school library.** Please join us to find out what's going on, or if you'd like to support us in any of our activities! See you then!

## Important Dates to Remember

### September

|       |           |   |
|-------|-----------|---|
| 7     | Monday    | Labor Day (Holiday) No School   |
| 8     | Tuesday   | Diocesan Spiritual Growth Day (No School)   |
| 9     | Wednesday | Student Council Meeting 7:15am  |
| 14    | Monday    | PASS Board meeting 4:15pm<br>SHPS Father's Club 5:30pm                                    |
| 16    | Wednesday | Minimum Day—Faculty Meeting   |
| 17    | Thursday  | Vintage Movie Night "Apple Dumpling Gang" @ 4:00pm  |
| 21    | Monday    | <b>Parent Info Night</b> —Emotional Intelligence (EQ)<br>PS through 4th grade: 6:00-7:30  |
| 21-25 | Monday    | ITBS Testing begins   |
| 28    | Monday    | <b>Parent Info Night</b> —Emotional Intelligence (EQ)<br>5th through 8th grade: 6:00-7:30 |
| 30    | Wednesday | Minimum Day — Faculty Meeting   |

School Liturgical schedule is available on the website: [www.sacredheartschool.org](http://www.sacredheartschool.org)

### San Benito County Fair

We need volunteers to set-up and staff the Fair Booth 10/2-4. If you can help, please drop a note ([gjurevich@sacredheartschool.org](mailto:gjurevich@sacredheartschool.org)) or stop by the office. This is a terrific opportunity to promote our school, counts toward parent hours.



### 1st meeting of the Sacred Heart Parish School Father's Club

Monday, Sept 14th

5:30pm (Monday Night Football)

at Mike and Tracy Nino's House

113 Best Road

Dinner and drinks will be provided!

Any questions, please call Tom Nino @ 801-4564

#### Student Council News:

Next week's Student council meeting will be held Wednesday, Sept. 9 @ 7:15am, due to the fact that there is no school on Tuesday.



### EQ Corner

A new addition to *The Pulse* this year is the "EQ Corner" by FamilyPedia. FamilyPedia's mission statement is to "Create Emotionally Healthy Families". This year we are looking forward to working with the Sacred Heart Parish School faculty, families and students to support and encourage **everyone** to work on their Emotional Intelligence (EQ).

Each week in *The Pulse*, you will find an EQ Fact, EQ Wisdom, EQ Tip or EQ SkillBuilder for the whole family to work on proven to increase one's EQ. Remember to mark your calendar for the "Parent Info Night on Emotional Intelligence (EQ)" either Monday, Sept 21 (for grades PS through 4<sup>th</sup>) or Monday, Sept 28<sup>th</sup> (for grades 5<sup>th</sup> through 8<sup>th</sup>) from 6-7:30 pm.

#### What is Emotional Intelligence (EQ)?

Emotional Intelligence is a person's ability to recognize one's own emotions and the emotions of others and respond to those emotions in a healthy way.

**EQ FACT:** Emotional Intelligence is the key to emotional health and well-being at any age.

## Thoughtful Moments

### What is grace?

*“GRACE: The free and undeserved gift that God gives us to respond to our vocation to become his adopted children” (Catechism of the Catholic Church). The Holy Spirit gives us the gift of grace through the sacraments to help us accomplish what we cannot do alone.*

### Help Your children love the Mass

The celebration of the Eucharist is the heartbeat of our Catholic faith. As parents, we want our children to find true Communion with Christ, but getting them to attend Mass cheerfully, sit still, and pay attention can be hard. Yet, making Mass meaningful for children can make it more meaningful for us, too. Try these ideas:

**Start with the basics.** Aim for a Mass time soon after everyone wakes up and is rested. Make sure all have had enough to eat and used the bathroom.

**Rehearse.** Go through your Mass book and choose prayers and responses to practice as a family. When the time comes during Mass, the children will be proud that they know what to say.

**Communicate your expectations.** For example, you want everyone to pray the prayers and sing the songs, to kneel, stand, and sit when appropriate.

**See an be seen.** Sit where you have an unobstructed view of the altar. Watching the priest, the altar servers, friends and neighbors on the Communion line will keep children interested and aware that they can be seen, too.

**Bring your own.** It can be confusing to follow along with adult mass books. Look for age-appropriate materials youngsters can follow. Our Sunday Visitor (800-348-2440, [www.oursundayvisitor.com](http://www.oursundayvisitor.com)) or Daughters of St. Paul (800-836-9723, [www.pauline.org](http://www.pauline.org)) have Mass resources for a variety of ages.



**Please leave forgotten lunches in the hallway on the cabinet.**

**Bring other forgotten items to the office the students will retrieve them at the appropriate class time.**



A HUGE THANKS!! To the many, many helping hands at last night's **Family Sock Hop...**

Many hands do truly make light work!! THANK YOU

**Milk Cards are available for \$10.00 per trimester in the school office. Only a limited amount of milk will be ordered this year, so please be sure to order soon. Milk started Monday, August 24.**

Mom's Bible Study

Pastoral Office  
3rd floor

8:00 am—10:00 am

7:00 pm—9:00 pm

on Wednesdays.