

# The PULSE

## Sacred Heart Parish School

Volume 3, Issue 6

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### Mission Statement

Sacred Heart Parish School, a Catholic Elementary School within San Benito County serves students preschool through eighth grade.

We are committed to teaching the gospel message of Christ, building community based on Jesus' command to love one another, and serving through prayer, worship, and social action. We provide an environment within which students receive training in our Catholic tradition.

We strive to develop competent and compassionate graduates through spiritual, academic and extracurricular programs. Students are empowered with leadership skills, values, and character traits to enrich personal living and develop as responsible, mature, faith-filled citizens.



### FUN NIGHT NEWS

#### Looking for fundraising hours?

If so, please call Tina Garza @ 902-7415 or Mari Morin @ 207-0949. The Fun Night Committee still needs volunteers for Ticket Sales, Ticket Counting, Silent Auction, and Staffing Booths.

Welcome to the end of September... My how times flies when we're having fun! Already October is upon us. In October, we are looking forward to Student Council Inauguration, school pictures, parent conferences, spirit week, the *first* Jr. High dance, and our community event Fun Night! We have much ahead of us and for many of our families and friends these are still troubled times. To follow are a few suggestions on healthy ways to deal with hardship.

The troubled economy means that many of us are experiencing unexpected and unwelcome changes in our lives. Such unplanned events can make even the strongest adults feel helpless. Yet, pulling together and relying on our faith can help our families cope and come out stronger in the end. Try these ideas to help:

**Let children help.** Giving children an additional chore or job may help minimize the powerlessness they feel. Each time they do their job, remind them of the help they are giving to the family by their effort.

**Pray the rosary or another favorite prayer every night as a family.** There is power in prayer. Lean on it now. Let youngsters offer their concerns in prayer.

**Count your blessings.** They are all around you. Try going through the alphabet and assigning a blessing to each letter like "Anne's smile" or "Beautiful butterflies."

**Look for the silver lining.** Look for God's hand in our lives by finding at least one positive outcome of your situation to share each day. Where did you see God today?

Peace and Blessings,

*Mrs. Jurevich*

### Parent Reminder:

Please do not bring fast food for your children at lunchtime it causes a significant disruption among students during the lunch recess. Please be sure to bring a healthy lunch and drink.

**Thank you for your cooperation.**

**Pulse News:** This year we are sending the Pulse electronically. If you would like to receive a hard copy of the Pulse, let your child's teacher know so we can make arrangements to send one home

*Save the Date*  
**November 14, 2009**

*Celebrating Catholic Education*

**San Juan Oaks**

Sacred Heart Foundation will host an Inaugural event. This event we will honour alumni, current and former teachers for their service to Catholic education. Our efforts will help to enable families to provide their children with a foundation for life.

**Photos needed**

We are seeking photos from **all years** during the time you attended Sacred Heart Parish School. We are creating a montage for viewing during the Celebrating Catholic Education dinner. Please bring/mail to the school office or email. We will scan and return originals to you.

**February 6, 2010**  
**Mardi Gras Ball**



**Bolado Park**

Sacred Heart Parish School annual fundraiser currently providing funds to the operating budget. We will need everyone's help to continue our successful fundraising efforts to support our school. Please contact John Brigantino to donate time, talent or treasure.



**EQ Wisdom:**

EQ Wisdom: A person can't feel better unless they know what they feel.  
EQ Homework: Continue to be aware of you feelings and don't stop at the first one - dig deeper!

Remember to mark your calendar for the "Parent Info Night on Emotional Intelligence (EQ)" Monday, Sept 28<sup>th</sup> (for grades 5<sup>th</sup> through 8<sup>th</sup>) from 6-7:30 pm.



**San Benito County Fair**

We need volunteers to set-up and staff the Fair Booth 10/2-4. If you can help, please drop a note ([gjurevich@sacredheartschool.org](mailto:gjurevich@sacredheartschool.org)) or stop by the office. This is a terrific opportunity to promote our school, counts toward parent hours. Students who wear their uniforms receive a free dress day!

**Memories from the Class of 2009**



I have many great memories at Sacred Heart School.....My first day in Mr. Strnad's class. I didn't know what to expect because I heard he was really mean. Turned out that he is one of the funniest men alive. –**Michael Breen**

### Important Dates to Remember

September	28	Monday	VB 7th Gr. Charter vs. SH @ SH @ 4:00pm VB 8th Gr. Charter vs. SH @ SH @ 5:00pm Football 8th Gr. <b>ONLY</b> Tres Pinos vs. SH @ Southside @4:45 <b>Parent Info Night—Emotional Intelligence (EQ)</b> <b>5th through 8th grade: 6:00-7:30</b>
	29	Tuesday	VB 7th Gr. Oakwood vs. SH @ SH @ 4:00pm VB 8th Gr. Oakwood vs. SH @ SH @ 5:00pm Football 7th Gr. SH vs. Spring Grove @ Spring Grove @4:00pm Football 8th Gr. SH vs. Spring Grove @ Spring Grove @ 4:45pm
	30	Wednesday	Minimum Day — Faculty Meeting
October	1	Thursday	VB 7th Gr. SH vs. Aromas @ Aromas @ 4:00pm VB 8th Gr. SH vs. Aromas @ Aromas @ 5:00pm 8th grade Parent Meeting
	5-6	Mon-Tue	Completion of ITBS Testing (Grades 2—8)
	8	Thursday	Student Council Inauguration @ 1:15pm
	11	Sunday	Children’s Liturgy @ St. Benedict Church
	12	Monday	Jr High Parent Conferences—NO SCHOOL FOR 6-8 STUDENTS
	13	Tuesday	Elementary Parent Conferences NO SCHOOL FOR 1-5 STUDENTS <b>Minimum Day for Jr High</b>
	14	Wednesday	Minimum Day — Faculty Meeting

School Liturgical schedule is available on the website: [www.sacredheartschool.org](http://www.sacredheartschool.org)

### Upcoming PASS Meeting October 5

All parents/guardians and staff are invited to attend the monthly PASS Board Meetings. The meetings are held the first Monday of every month, in the school library. Next month’s PASS meeting will be held on **Monday, October 5 at 4:15pm in the school library.** Please join us to find out what’s going on, or if you’d like to support us in any of our activities! See you then!

### Attention 8th Grade Parents Meeting October 1st



There will be an 8th Grade Parent Meeting on Thursday, Oct. 1st at 7pm in the school library. We will be discussing GRADUATION... important dates, timelines, responsibilities, etc. We need everyone to attend.



### Volunteers Needed

Jackie Leung is looking for donut volunteers after the 8:45AM Sunday masses. It will run from Oct. 4-Mar. 28. If your interested, please call Jackie at 801-8501.



## Thoughtful Moments

### Language of love

Those of us who know and love God must be his voice in our world. We need to speak with gentle voices using kind and loving language. Spreading God's love is what he wants us to do.

### Why do Catholics use rituals?

Our everyday awareness of God comes to us through our senses: Sight, sound, smell, touch, and taste. They are the pathways to the deepest parts of our imagination and understanding. Some rituals of the Church go back to the times when few people could read or write –but they could be drawn to Jesus by using their senses. Now we use sacred music, bells, incense, poetic prayers – they all plant our faith deep in our body and bones as Catholics.

### Why do Catholics make the Sign of the Cross?

Back in the second century when this practice began, it was common to honor a ruler with a gesture of respect. Whether bowing down on one knee or touching the forehead, such gestures were ritual ways to show humility before a person of great power. The Sign of the Cross became one such devotion to the Holy Trinity, and acted as a sign of recognition



between early Christians who were sometimes forced to worship in secret. Now a prayer in itself, each time we make the Sign of the Cross we express respect for God and call down his blessings on ourselves.

## Prayer Corner

We pray for all those who have died recently and for their families. For all who are suffering from cancer, especially, **Colleen Parga's aunt & Mary Ward**. For **Penny Gormon**, who still needs a new heart. For all who have died from sickness and swine flu. For the **Manderson's grandma**. For **Ted Kennedy**. For the needs of our parish and school community and all our friends and benefactors.

Pope Benedict's general prayer intention for September 2009 is "That the word of God may be better known, welcomed and lived as the source of freedom and joy," and his mission intention is "That Christians in Laos, Cambodia and Myanmar, who often meet with great difficulties, may not be discouraged from announcing the Gospel to their brothers, trusting in the strength of the Holy Spirit."



### Mark 9:38-48, Work together for God

In this reading, the disciples were upset because a man they didn't know was healing in Jesus' name. Perhaps they were afraid of losing the spotlight, or they may have been concerned because he was different from them. Faithful followers of Jesus don't all look alike or talk alike, but we do act alike. Christianity is a kingdom, not a competition. All are welcome to work together to build it up. Those who share a common faith in Christ cooperate, not compete. Some of Jesus' words sound strange but he is very clear; we treat sin like a cancerous tumor and cut it out. Giving up a friendship, an activity, or a habit that causes us to do wrong may seem as painful as cutting off a hand. But the consequences of our choices last forever.

**What can a parent do?** The caution against harming little ones in faith applies to us as parents and teachers. Our thoughts and actions must be motivated by love so that we can model Christian behavior for our children.

## Call to Service

Serving from the heart is at the core of the Sacred Heart Parish School Volunteer Program. While Sacred Heart is a community of believers, it is also a high commitment school. It is our hope when we serve the school, whether it's cleaning up from lunch or chairing a major fundraiser, we give it our all and serve "heartily as unto the Lord".

The **Executive Committee of the Board is seeking to fill the position of Secretary.** The Secretary is responsible for meeting minutes, coordinating with Executive Committee members to prepare agenda, provide leadership for Board meetings.

### Fair booth Volunteers

The bottom **cushions of the chairs** in the meeting room are in need of recovering. Anyone interested? Please contact the school office.

We are requesting **lunch recess parent volunteers.** If you have time during the day to spend 30-60 minutes to assist our yard duty supervisors. Of course, time spent will count towards parent hours. You will need to have completed all volunteer requirements as well as an in-service prior to first playground duty. Please contact the office to provide days/times preferences.

Looking for fundraising hours? If so, please call Tina Garza @ 902-7415 or Mari Morin @ 207-0949. The **Fun Night Committee** still needs volunteers for Ticket Sales, Ticket Counting, Silent Auction, and Staffing Booths.

### Campus Clean-up before the rain

Large items around school need to be taken to the dump

Paint stencil numbers on exterior of classroom doors

Remove tree from front entrance at south end of building

Re-stake and straighten tree in Kinder/  
PS area

Paint infinity symbol/re-paint map in  
playground area

Pull chairs on racks in the gym, stencil



### Special Thank You's

A big Thank You to the Vince Brigantino Family for their generous donation of authentic Lacrosse sticks to the athletic dept. Our students are having a lot of fun using them.

Thank You to Baskin Robbins for their generous contribution to our Ice Cream Social celebration. Baskin Robbins made it extra special.

Thank You to our parent and student helpers for our first Vintage Movie Night!

We really appreciate our classroom volunteers. We believe that both parents and teachers are the most significant role models for students, and the relationship between the two needs to model one of respect and caring

A parent's presence in the classroom is not only very helpful to our teachers but conveys to children the importance the parent places on their education.

