

The PULSE

Sacred Heart Parish School

Volume 3, Issue 5

September 18, 2009

Mission Statement

Sacred Heart Parish School, a Catholic Elementary School within San Benito County serves students preschool through eighth grade.

We are committed to teaching the gospel message of Christ, building community based on Jesus' command to love one another, and serving through prayer, worship, and social action. We provide an environment within which students receive training in our Catholic tradition.

We strive to develop competent and compassionate graduates through spiritual, academic and extracurricular programs. Students are empowered with leadership skills, values, and character traits to enrich personal living and develop as responsible, mature, faith-filled citizens.



FUN NIGHT NEWS

We are in **need** of a **chairperson** for the following committees: costume parade, clean up, ticket sales, ticket counting, and auction. Please contact Tina Garza at 831-636-4390 Monday-Friday 8-5 pm or cell # 831-902-7415

ITBS testing for select grades (3, 5, & 7) began this week. In an attempt to avoid "fair week" ITBS testing will continue next week with a "break" for fair week.

Students in grades 2—8 will have Diocesan standardized testing (Iowa Test of Basic Skills) from 8:00 to 9:30am on September 21, 22, 23, 24, and 25. Because of the importance of this testing, parents are asked not to make doctor or dental appointments for your children during these dates/times. You are also asked to make sure that students are not tardy on those days. In order to comply with testing procedures, there will be **NO INTERRUPTIONS** to classes during testing hours. This means that students in Grades 2-8 who arrive late to school will have to wait in the office until 9:30am. It also means that there will be no PE, computer or music classes from 8:00-9:30, and the office will not use the intercom or PA System.

Food and sleep are the best preparation for testing, please help your child to do his/her best by making sure they have sufficient rest, eats breakfast and arrives **on time**.

Peace and Blessings,

Mrs. Jurewicz

Parent Reminder:

Please do not bring fast food for your children at lunchtime it causes a significant disruption among students during the lunch recess. Please be sure to bring a healthy lunch and drink.

Thank you for your cooperation.

Pulse News: This year we are sending the Pulse electronically. If you would like to receive a hard copy of the Pulse, let your child's teacher know so we can make arrangements to send one home

Save the Date
November 14, 2009

Celebrating Catholic Education

San Juan Oaks

Sacred Heart Foundation will host an Inaugural event. This event we will honour alumni, current and former teachers for their service to Catholic education. Our efforts will help to enable families to provide their children with a foundation for life.

Photos needed

We are seeking photos from **all years** during the time you attended Sacred Heart Parish School. We are creating a montage for viewing during the Celebrating Catholic Education dinner. Please bring/mail to the school office or email. We will scan and return originals to you.

February 6, 2010
Mardi Gras Ball



Bolado Park

Sacred Heart Parish School annual fundraiser currently providing funds to the operating budget. We will need everyone's help to continue our successful fundraising efforts to support our school. Please contact John Brigantino to donate time, talent or treasure.



EQ Wisdom:

An individual (adult and child) feels a minimum on 5 emotions at any given time. Add these new emotions to each of your lists from last week. Notice how often you are experiencing these emotions:

- appreciated
- confident
- respected
- hopeful
- overwhelmed
- worried
- concerned
- irritated

Remember to mark your calendar for the "Parent Info Night on Emotional Intelligence (EQ)" either Monday, Sept 21 (for grades PS through 4th) or Monday, Sept 28th (for grades 5th through 8th) from 6-7:30 pm.

Memories from the Class of 2009



I really enjoyed getting my 6th grade buddy when I was in kindergarten. I will never forget that it was Vincent's sister. Then in 6th grade, I got a buddy. Getting a buddy and getting to be a buddy were two really good experiences. My favorite memory of SHPS is just hanging out with my friends every day at break. I love being able to go out and just know that they will be there for me. They are very supportive and I can tell them anything. I have lots of trust in them and I'm very thankful for them. They will help me with anything I need and I will help them. I'm so lucky to have great friends. —**Carly Zanger**

Important Dates to Remember

September	21-25	Monday	ITBS Testing
	21	Monday	VB Game 7th Gr. Gabilan Hills @ Sacred Heart @4:00pm VB Game 8th Gr. Gabilan Hills @ Sacred Heart @5:00pm
	21	Monday	Parent Info Night—Emotional Intelligence (EQ) PS through 4th grade: 6:00-7:30
	22	Tuesday	Boys 7th Gr. Football Gabilan Hills vs. SH @ M.H. Sports Complex @4:00pm Boys 8th Gr. Football Gabilan Hills vs. SH @ M.H. Sports Complex @4:45 & 5:30
	23	Wednesday	FUN NIGHT Committee Meeting @ 7:00pm
	24	Thursday	VB Game 7th Gr. Spring Grove @ Sacred Heart @4:00pm VB Game 8th Gr. Spring Grove @ Sacred Heart @5:00pm
	25	Friday	Free Dress/ LUNCH ORDER DUE
	28	Monday	Parent Info Night—Emotional Intelligence (EQ) 5th through 8th grade: 6:00-7:30
	30	Wednesday	Minimum Day — Faculty Meeting

School Liturgical schedule is available on the website: www.sacredheartschool.org

Upcoming PASS Meeting October 5

All parents/guardians and staff are invited to attend the monthly PASS Board Meetings. The meetings are normally held the first Monday of every month, in the school library. Next month's PASS meeting will be held on **Monday, October 5 at 4:15pm in the school library.** Please join us to find out what's going on, or if you'd like to support us in any of our activities! See you then!

San Benito County Fair

We need volunteers to set-up and staff the Fair Booth 10/2-4. If you can help, please drop a note (gjurevich@sacredheartschool.org) or stop by the office. This is a terrific opportunity to promote our school, counts toward parent hours.



Volunteers Needed

Jackie Leung is looking for donut volunteers after the 8:45AM Sunday masses. It will run from Oct. 4-Mar. 28. If your interested, please call Jackie at 801-8501.



Special Thank You

To the Vince Brigantino Family for their generous donation of authentic LaCrosse sticks to the athletic dept. Our students are having a lot of fun using them.



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Thoughtful Moments

Strangers

During his public ministry, Jesus traveled across the country. He knew what it felt like to be away from home and to be treated as a foreigner. Whenever you see someone who dresses or speaks differently than you, think of Jesus and make him feel welcome.

Strong families are all about "We"

In a society that encourages a "Me" mentality, it can be difficult to look at ourselves as part of a family rather than as individuals. But families that teach the importance of "We" can instill accountability, responsibility, and confidence in their children. Working together with your family to create your own special identity will help unite you as "We."

Decide what it means to be part of your family. What qualities are special to you? For example, our family is kind, compassionate, always willing to lend a hand, faithful Catholics, etc.

Write down the traits and behaviors you agree are important, such as respect, reverence of God, model conduct or positive attitudes. These will help set the standards.

Turn these standards into a set of family rules. Just as God gave Moses the Ten Commandments outlining true worship and morality, outline for your family a set of concrete rules. For example, "Joneses always talk in a respectful tone," or "We attend mass every Sunday."

Be sure to involve your children in the process. This gives them a sense of ownership. Working together to follow the rules can unite a family giving it power, purpose and a backbone for growth. And children who are comfortable contributing to a family will also feel comfortable contributing to their school, their parish, and their community.

Feasts & Celebrations

Sept. 19 – St. Januarius (304).

Bishop of Benevento, Italy, during a time of great persecution, Januarius visited Christians in prison and was arrested himself. He and his companions were thrown to wild beasts in the amphitheater but were not harmed. They were later beheaded.

Sept. 23 – St. Padre Pio (1968).

Born to farmers in Italy, he became a Capuchin Friar. Eight years later, the five wounds of Our Lord's Passion (stigmata) appeared on his body. Despite intense suffering, he remained dedicated to prayer.

Prayer Corner

We pray for all those who have died recently and for their families. For **Patrick Swayze**. For **Mrs. Higgins** who is sick. For all who are suffering from cancer, especially, **Mary Ward**. For all who are currently engaged. For the Scherr's grandmother, **Louise Turner**. For **Penny Gormon**, who still needs a new heart. For **Mr. Villapondo**. For **Mrs. Picha's mother** who passed away, may she rest in peace in the arms of Jesus. For the **Manderson's grandma**. For **Zach Hicks Dad** who had brain surgery. For the needs of our parish and school community and all our friends and benefactors.

Pope Benedict's general prayer intention for September 2009 is "That the word of God may be better known, welcomed and lived as the source of freedom and joy," and his mission intention is "That Christians in Laos, Cambodia and Myanmar, who often meet with great difficulties, may not be discouraged from announcing the Gospel to their brothers, trusting in the strength of the Holy Spirit."



Why do Catholics bless themselves before and after entering Church?

Old Testament Jews washed with water before entering the Temple precincts. Building on a ritual familiar to the Jews, John the Baptist used water to represent repentance of sin and purification. So when we cross ourselves with holy water entering and leaving the church, we recall that history. But we also refer to our Baptism when the priest used water to symbolize the washing away of our sins and to protect us from evil.



It's that time again..... Registration for Spanish Classes is here! Please see the schedule and fees below. The times for all classes are 3:00 – 4:00pm with Mrs. Galvan.

- Monday: 7th and 8th grade
- Wednesday: 5th and 6th grade
- Thursday 3rd and 4th grade

The fee for Spanish classes will be \$75

Classes begin September 21st through November 20th

Please fill out the bottom section and turn it into the school office.

Nombre: _____ Grado _____

Nombre: _____ Grado _____

Nombre: _____ Grado _____

Amount: _____

OFFICE USE ONLY:

paid: _____ date: _____ attendance list" yes ___ / no _____