

The PULSE

Sacred Heart Parish School

Volume 3, Issue 10

March 26, 2010

Mission Statement

Sacred Heart Parish School, a Catholic Elementary School within San Benito County serves students preschool through eighth grade.

We are committed to teaching the gospel message of Christ, building community based on Jesus' command to love one another, and serving through prayer, worship, and social action. We provide an environment within which students receive training in our Catholic tradition.

We strive to develop competent and compassionate graduates through spiritual, academic and extracurricular programs. Students are empowered with leadership skills, values, and character traits to enrich personal living and develop as responsible, mature, faith-filled citizens.



Looking for a Book Fair Chairperson

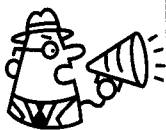
If anyone is interested in **chairing the Book Fair this year**, it would be *greatly* appreciated.

Please call
Mrs. Jurevich ASAP.

Crossing Volunteers for
the **Passion Walk**.

Parents are invited to
join the procession
from Sacred Heart
Church to St. Benedict.

**Early
Bird Reg-
istration
ends
March
31st.**



On **Holy Thursday**, students will re-enact the Stations of the Cross, this para-liturgy **begins promptly at 1:30pm**. Parents, please do not bring younger children as it is very dark and is intended to be a reflective time, younger siblings can prove to be very distracting.

Good Friday, we will be in school for a minimum day. Again this year, SHPS students, faculty and staff in grades 2-8, will be joining the parish community for the **Walk of the Cross (Passion Walk)**. We will follow the same route and will dismiss from St. Benedict between 11:45 and noon. Please do not collect your children from church until we have completed the liturgical songs. All parents are welcome to join us. Any students in grades PS-1 may also participate provided they are accompanied by a parent and are signed out at the front office.

What is asceticism? Very simply put, it is a **purposeful avoidance from worldly comforts** with the goal of attaining some spiritual or personal reward. Individuals have practiced various forms of ascetical acts for centuries with the hope of becoming closer to God, purifying one's self, or as a means to accompany prayer. Some common forms might involve avoiding certain foods (or food altogether), secluding one's self from others, or enduring a self-imposed physical hardship.

Many envision asceticism as an antiquated idea, but it is **extremely relevant today, especially in the consumer-centered modern world**. In fact, Catholic tradition stipulates that individuals abstain from meat products on Ash Wednesday and all Fridays in Lent. This is a form of asceticism. One does not need to solely deprive one's self of creature comforts to practice asceticism. You could walk to work instead of drive, or opt to workout instead of watching a ball game on television. Whatever you do, do so **in contemplation of God's presence and with a prayerful heart** and reflect on what Jesus says to us in the Gospel of Matthew:

“When you fast,
do not look gloomy like the hypocrites.
They neglect their appearance,
so that they may appear to others to be fasting.
Amen, I say to you, they have received their reward.

But when you fast,
anoint your head and wash your face,
so that you may not appear to be fasting,
except to your Father who is hidden.
And your Father who sees what is hidden will repay you.”

Blessings, *Mrs. Jurevich*

Important Dates to Remember

March	30	Tuesday	San Benito County Science Fair Student Council Meeting
	31	Wednesday	Seder Meal (6th grade) NO CLASS REP. MEETING
April	1	Thursday	Holy Thursday para-liturgy begins @ 1:30pm
	2	Friday	MINIMUM DAY - Passion Walk
	5-9		Easter Break
	12	Monday	PASS Board meeting
	13	Tuesday	Substance Abuse presentation Jr High
	15	Thursday	San Benito Stage (Willy Wonka) field trip (Grs. K, 1, 3, 4, 5, and 6) Tax Day :-)
	16	Friday	2nd grade Happy Hollow field trip 3rd trimester Progress Report Talent Show applications due Wear Pink and donate to support Cancer Research
	18	Mon-Fri	Earth Week activities



Spanish Club sign-ups for 3rd trimester.

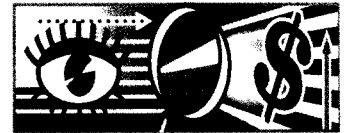
Chess Club Session II began 3/11.

Pick-up registration forms ASAP!



Yearbooks are for sale for \$45. Stop by the office to pick-up an order form.

Take a Peek



SCRIP totals are posted on SCRIP board. Have you reached your amount? Deadline is May 15th. SCRIP sales are Tuesday mornings from 7:30-8:30AM and Tuesday and Thursday afternoons 2:00-3:00PM.

School Liturgical schedule is available on the website: www.sacredheartschool.org

\$32000

eScrip
2009-2010 Goal
\$32K

eScrip total as of Feb. 2010
\$11.4k

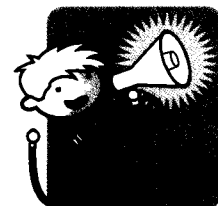
Shop eScrip merchants using your registered cards. Visit www.escrip.com. SHPS's ID number is 138335084. For ???'s, call Mrs. Gibbs.

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Student Council Announcement!

Mar. 30—Student Council Mtg.

Mar. 31- No Class Rep. Mtg.



Why do Catholics do that ?

Why do Catholics believe in absolution?

During his public ministry, Jesus not only forgave sins, he dined and consorted with the forgiven, thus drawing them back into the community from which their sins alienated them. When we sin, we alienate ourselves from God and the Church. Jesus gave the Church the power to pardon the sins of those who were penitent. Through the priest during the Sacrament of Penance and Reconciliation, God grants us "pardon and peace," absolves us of our sins, and welcomes us back.



Prayer Corner

For all those who are recovering especially, **Colleen Parga's mother, Mr. Iler, and Thomas Breen's uncle, Miss. Westphal's cousin Joe.** For those with cancer, especially, **Miss Westphal's stepmom, Mary Ward.** For all the infirm, especially, **Sister Margaret Ann and Sister Fran.** For all who are ill especially, **Penny Gorman, Anthony Gonzales and Nita deVincenzi.** For all affected by natural disasters and fierce weather especially the people of Chile, Haiti, Turkey and Indonesia.

For all people affected by violence especially, the children in China and Salinas.

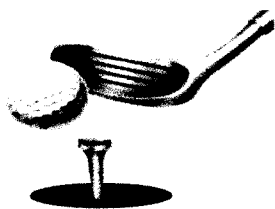
For the needs of our parish and school community and all our friends and benefactors. For the needs of our parish and school community and all our friends and benefactors.

Pope Benedict's general prayer intention for March 2010 is **"That the world economy may be managed according to the principles of justice and equity, taking account of the real needs of peoples, especially the poorest."** Christians have always believed that all truth is God's truth. We should not fear those who search for the truth but welcome them, because we know that, if they are sincere, their search for the truth will lead them to Christ.



Our Parish is in need of altar servers. Please contact Karen Carrillo to arrange for training scheduled on most Sundays at St. Benedict at 637-4658.

The 16th Annual Bishop's Golf Tournament and Auction Dinner will be held May 7, 2010, at Rancho Canada Golf Club in Carmel.



The event is spearheaded for **Bishop Garcia** by the Department of Catholic Schools. Total profits from the Golf Tournament and Auction Dinner are disbursed **100% to students who qualify for tuition assistance.** Tuition grants are processed by the Department of Catholic Schools.

If you would like to help on the day of the event or have items to donate to the live and silent auctions please contact Mimi with the Dept. of Catholic Schools at (831) 373-1608; fax (831) 373-0173

May 2009 event generated \$31,695 for the Tuition Assistance Program for students in our Catholic Schools. For the 2009-2010 school year, **tuition assistance was granted to 90 students from 58 families** to attend one of our schools. A special thanks to all pastors, parishioners, parents, community members, and sponsors who helped to make this event a success.

"Resurrection Cookies"

~Also known as Easter Story Cookies~

This is a great recipe to teach your Children the REAL story of Easter. That the Lord Jesus Christ our Savior is not dead but has Risen. We serve a Risen Savior.....

Grab your Apron and Let's Get Started!!!!!!

You will need:

1 cup whole pecans	1 teaspoon vinegar
3 egg whites	a pinch salt
1 cup sugar	a zipper baggy
1 wooden spoon	scotch tape
the Bible	

Instructions:

These are to be made the evening before Easter. Preheat oven to 300F.

*** (this is very important — don't wait until you are half done with the recipe). Place pecans in zipper baggy and let children beat them with the wooden spoon to break into small pieces. Explain that after Jesus was arrested. He was beaten by the Roman soldiers. Read: John 19:1-3

Let each child smell the vinegar. Put 1 teaspoon vinegar into mixing bowl. Explain that when Jesus was thirsty on the cross He was given vinegar to drink. Read: John 19:28-30

Add egg whites to vinegar. Eggs represent life. Explain that Jesus gave His life to give us life. Read: John 10:10&11

Sprinkle a little salt into each child's hand. Let them taste it and brush the rest into the bowl. Explain that this represents the salty tears shed by Jesus' followers, and the bitterness of our own sin. Read: Luke 23:27

So far the ingredients are not very appetizing. Add 1 cup sugar. Explain that the sweetest part of the story is that Jesus died because He loves us. He wants us to know and belong to Him. Read: Psalm 34:8 and John 3:16

Beat with a mixer on high speed for 12 to 15 minutes until stiff peaks are formed. Explain that the color white represents the purity in God's eyes of those whose sins have been cleansed by Jesus. Read: Isaiah 1:18 and John 3:1-3

Fold in broken nuts. Drop by teaspoon onto waxed paper covered cookie sheet. Explain that each mound represents the rocky tomb where Jesus' body was laid. Read: Matthew 27:57-60

Put the cookie sheet in the oven, close the door and turn the oven OFF.

Give each child a piece of tape and seal the oven door. Explain that Jesus' tomb was sealed. Read: Matthew 27:65-66

GO TO BED!

Explain that they may feel sad to leave the cookies in the oven overnight.

Jesus' followers were in despair when the tomb was sealed. Read: John 16:20&22

On Resurrection Sunday (Easter) morning, open the oven and give everyone a cookie. Notice the cracked surface and take a bite. The cookies are hollow! On the first Easter Jesus' followers were amazed to find the tomb open and empty. Read: Matthew 28:1-9