

The PULSE

Sacred Heart Parish School

Volume 4, Issue 6

October 1, 2010

Mission Statement

Sacred Heart Parish School, a Catholic Elementary School within San Benito County serves students preschool through eighth grade.

We are committed to teaching the gospel message of Christ, building community based on Jesus' command to love one another, and serving through prayer, worship, and social action. We provide an environment within which students receive training in our Catholic tradition.

We strive to develop competent and compassionate graduates through spiritual, academic and extracurricular programs. Students are empowered with leadership skills, values, and character traits to enrich personal living and develop as responsible, mature, faith-filled citizens.

Fun Night is the primary fundraiser for PASS. Your PASS board is responsible for many activities for SHPS which include: campus beautification, Grandparent's Day, Science Fair, Teacher Appreciation, picnic day, and graduation to name just a few. The proceeds from Fun Night help to make these programs and more possible for our school. In order to keep our expenses as low as possible, we invite sponsors to support Fun Night.

Please join us for the **Student Council Inauguration** Thursday, October 14th at 1:30PM in Sacred Heart Church. This ceremony is where the commissioners and representatives are formally installed into office. A short reception will follow in the meeting room for commissioners, representatives and their families.

Parent Teacher conferences will take place on **Monday, October 11th for Junior High students**. Group conferences are being scheduled for Jr High students on the afternoon of **Tuesday, October 12th** and it will be a minimum day **for students in grades 6-8, Tuesday, October 12th** is reserved for **Elementary grade (1-5) conferences**. Elementary schedules will be sent home this week. If you need to reschedule please call the office @ 637-4157.

Our first prayer service was held this morning in Sacred Heart Church, it was a very spiritually moving service. We will be considering holding similar services in the future. Please stop by our Fair Booth this weekend. Have a fun and safe weekend.

Peace and Blessings,

Mrs. Jurevich



Lunch servers **STILL** needed!

11:00am - 12:45

Please complete lunch ordering on-line via RenWeb and the Lunchmaster website. Milk can be ordered via RenWeb.

We have a lean crew of helpers through the month of October. If we can not rally more lunchtime servers. We will reduce the number of days hot lunch is available beginning November 1st.

Lunch Reminder

In consideration for other students, please **DO NOT** send fast-food, sodas, energy and sugar-filled drinks, or candy for lunches. **Thank you for your compliance.**

Free Flu Clinic

This clinic is **FREE** for all individuals 6 months of age and over.

Tuesday—Nov. 9, 2010

1:30 p.m.—6:30 p.m.

Veteran's Memorial Bldg.

For more info., please call 637-5367

Did You Know?

Students in grades one through five have two music classes each week. One session is devoted to singing; the second session presents music theory concepts and their application.

Our first and second grade students are currently learning to recognize, inscribe, and apply Kodaly music symbols to interpret and produce various rhythm patterns. We also work with rhythm instruments to practice our Kodaly reading skills.

Our singing classes include singing games that help us develop our abilities to produce pitch and simple melodies. Our patriotic song for this trimester is "God Bless America", and most of us have mastered all the lyrics! We also practice the refrains of the hymns we will use at school liturgies.

Third and fourth grade students are reading standard music notation, memorizing the names and values of the notes and using that knowledge to solve music math problems. These students are also learning to transcribe notes and melodies. Our fourth grade students are practicing their treble clef note reading skills with flash cards. When we can all read twenty notes per minute, we will be ready to begin our recorder lessons.

Fifth grade students are progressing quite nicely through their recorder lessons. We have already had two performance tests, reaping the merits of our dedication to daily practice. When we read and perform on a musical instrument, we are activating more parts of our brain than are used in any other human activity! That is why every Sacred Heart student knows,

"Music makes us smarter"!

Keep a song in your heart, with all God's blessings,

Mrs. Olivas

Sacred Heart students in grades 5-8 are invited to a football game hosted by St. Francis High School. On October 9, 2010, the St. Francis Sharks will be taking on the Panthers of SLV High School. The game will be played "under the lights" at Cabrillo College with the junior varsity teams starting at 5:00pm and the varsity playing at 7:30pm.

Each pass will allow one student and his or her family free admittance into the football game. We will also make a special announcement at halftime welcoming the Sacred Heart students and their families.



Palma High School Open House:

For any families with sons interested in learning more about Palma High School, please join us for an Open House on Sunday, October 17 from 1pm-3pm here in Hollister. The Open House will be at the home of Mary and Will White (868 Holly Oak Ct.). There will be representatives from Palma who will provide lots of information and answer questions about the school.

Please RSVP to Mary or Will White (630-0330) if you are interested in attending.

Come learn about Palma while enjoying some refreshments.

Memories from the Class of 2010

A memory is when I told our new 6th grade Science teacher, Miss. Avila, that my name was Carlos. For the whole week, she always called me Carlos. Everyone played along the whole time. Another memory of Sacred Heart, is when I broke my nose during lunch recess and my blood went EVERYWHERE!! Thanks to Mason, I will never forget this epic event. Now the blood is still on the courtyard, stained.-

Zack Hicks



Important Dates to Remember

October

- | | | |
|----|------|--|
| 1 | Fri | Fair Begins-School in-session |
| 4 | Mon | 7th Gr. VB SH vs. Gabilan Hills @ SH @ 4:00
8th Gr. VB SH vs. Gabilan Hills @ SH @ 5:00
8th Gr. FFB Gabilan Hills vs. SH @ Gabilan Hills @ 4:00
PASS Board Meeting @ 4:15pm
7:00pm February fundraiser meeting in Library |
| 6 | Wed | 7th Gr. FFB Southside vs. SH @ Southside @ 4:00
8th Gr. FFB Southside vs. SH @ Southside @ 4:45 |
| 8 | Thur | 1st grade field trip: Gizdich Farm |
| 11 | Mon | Jr. High Conferences-No School for Jr. High ONLY
7th Gr. VB Charter vs. SH @ Crossroads @ 4:00
8th Gr. VB Charter vs. SH @ Crossroads @ 5:00 |
| 12 | Tues | Elem. Conferences-No School for Gr. 1-5 ONLY
Jr High group conference - MIN day for 6-8 |



NEW at Fun Night this year – Authentic Mexican dinner by Doña Maria Restaurant of Tres Pinos. \$5 per plate, choice of soft taco or bean & cheese burrito, served with rice & beans. All pre-sale dinner tickets **purchased through the school** will come with 2 free game tickets!!! (Offer not available at Postal Graphics.)

Fun Night Pre-Sale Tickets -

You get a great deal on tickets this way – they are half price – and you don't have to wait in line on Fun Night! **Ticket orders and payments are due at the school office on Friday October 15.** Your tickets will then come home with your child the week before Fun Night. If you miss the school deadline, pre-sale tickets will also be available at Postal Graphics (in the Nob Hill Shopping Center) through Saturday, October 23. Once Saturday evening arrives, all booth tickets will be full price (50¢ each.)

“An Evening in Tuscany”



The fundraiser committee would like to invite all those interested in becoming a member/chairperson to our kick-off meeting **Monday October 4, 2010 at 7pm in the school library.** This is our school's only fundraiser...we need your time and talent! Please call Maria Donati at 801-8323 if you have any questions.

SCRIP

SUBWAY



Don't forget...if you are unable to purchase scrip on Tuesday or Thursday, please leave your order in the office and it will be filled by the following day. We are in the process of adding one or two additional sale days,



Cybercitizen Spotlight: Nip Digital Drama in the Bud

"Turn off the TV!" "No more Club Penguin!" "No Facebook 'til you're 14!" Sound familiar? Welcome to the world of digital drama -- where cell phones, TV shows, video games, and the Web create a standoff between kids and parents. But it doesn't have to be this way.

How can you avoid a confrontation that can evolve from Elmo to online games to texting at the dinner table faster than you can say OMG? Beginning when your kids are young, you can help reduce the charge that these issues have by offering alternatives for stuff you're comfortable with. Here are the most common media stand-offs at every age -- and how to nip them in the bud.

Elementary School

"Can I get a Club Penguin account -- all my friends have one!"

As kids move through the elementary years, friends become more important, and they begin to look to their peers for cues on how to act. [Club Penguin](#) and other [online worlds](#) provide a fun way for kids to socialize online. But you have to pay a subscription fee to enjoy all the benefits -- and what happens when your kid moves onto another interest?

Try this: Let your kids use the site for free for a while and see how they like it. If you think they'll stick with it, give them a full account for a birthday or holiday present. That's a great way to teach them that [virtual worlds cost real money!](#)

Preschool

"Mommy, can I watch another show? Please, please, please?"

Preschoolers love TV -- and love to watch their favorite characters again and again and again. But there's a reason why the American Association of Pediatrics **recommends only small daily doses**. Too much TV has been linked to a host of negative consequences, like lower school readiness, attention-deficit disorder, and obesity.

Try this: If you let your preschooler sit in front of the tube alone, she'll naturally want to watch whatever's coming on next. So watch with your kids, **choose quality shows, and turn the TV off when the show is over**. Then ask your child to draw a picture of what he or she watched. (Also, think about watching shows via DVR or on-demand to skip the commercials.)

Looking ahead....

As you find yourself organizing, de-cluttering please keep a couple of things in mind that the students/school will be requesting/collecting in the coming months....

October
Care packages for Troops

November
Can Food Drive

December
8th grade Coat Drive

January
eWaste: computer recycling
Pennies
Can Food Drive

April
Aluminum Can Drive
Shoe Drive

Student Council News



This year Student Council has selected, South Bay Blue Star Moms. South Bay Blue Star Moms is a non-profit, non-partisan, non-sectarian and non-discriminatory organization. Our mission is to support fellow Blue Star Members, their sons, daughters and any other family members who are currently serving or have served in the Armed Forces of the United States of America. Beginning **October 4-October 8**, See the complete list on the last page of the Pulse.



Call to Service

Serving from the heart is at the core of the Sacred Heart Parish School Volunteer Program. While Sacred Heart is a community of believers, it is also a high commitment school. It is our hope when we serve the school, whether it's cleaning up from lunch or chairing a major fundraiser, we give it our all and serve "heartily as unto the Lord".

The bottom **cushions of the chairs** in the meeting room are in need of recovering. Anyone interested? Please contact the school office.

Paint circles in playground area

Anchor pots at front entrance of school. We would like to place two large planter pots at the entrance of the school.

Install metal runners *under stage* for folding chair caddy.

Install enclosing doors in Gym for Athletic equipment in Gym hallway.

A large wooden/metal cross on the exterior (both) entrances of the main school building.

Curtains for some door windows.

Remove old window screens.

Install decorative film on upper windows in classroom.



Thank you to Mrs. Sicoli, Mrs. Parsons, Mrs. Raich, Mrs. Angulo, Mr. Scalamanini, Mrs. Jurevich, Miss Leah, Mrs. Laib, Mrs. Wilson, Mrs. T. Canez, Mrs. Gibbs, and Mrs. Donati for volunteering to serve lunches.

8th grade corner

Pictures: October 14th



No one has signed up to coordinate clean-up.

Please contact the office if you are interested and available.



The St. Vincent DePaul Society is not only a relief organization, it is a Spiritual Society whose members Sanctify their own lives by serving, assisting, and administering to the poor and unfortunate. The St. Vincent DePaul Society is the oldest Lay Catholic organization in our country. The first Conference was founded in 1833 in Paris France by Frederick Ozanam, a devout Catholic Layman.

The 8th grade class will be taking on as a service project our St. Vincent DePaul (right behind the Pastoral Office). One of our first projects is to have a rummage sale. This will be held on Saturday October 16 for St. Vincent DePaul.

We are very excited to have this opportunity to help our community. Please keep us in your thoughts and prayers.

Yearbook Co-Coordinator needed

The Yearbook coordinators are the creative talents in the creation of the yearbook design and layout. These talented individuals give of their time and talent to provide a lasting memory for our students. If you are interested, please contact the office or Dolora Hiura.



Give the gift of God's friendship

God is eager for us to get to know him. He knows that once we discover how wonderful he is we will want to stay close and be with him always. And isn't God's eternal friendship what we want for our children? Give youngsters the gift of God's friendship.

Examine his work.

We learn about God through his creations. Examining what he has made teaches us that God is great, good, and loving. Talk a walk, watch a nature movie, or read a science book and talk about what his creations reveal about God.

Meet his Mother. Jesus loved his mother so much that his last thoughts on the Cross were of her. Teach children to pray the Rosary and to observe some of the devotions to her. Embrace Mary as our Mother, too.

Visit his house.

Celebrating the Sacraments strengthens our friendship with God. During Mass, for example, we learn more about him by listening to his Word and meeting him in the Eucharist. Don't deprive your children of even one Sunday Mass.

Talk with him.

At least once a day, pray as a family. Consider the format **P-R-A-Y**: Praise God for his goodness. Repent of the times you failed to love God or each other, Ask for the things you need, Yield and listen for God's voice.

Why Do Catholics Do That? *What is the Holy Trinity?*

The Holy Trinity is one of the great mysteries of Christianity. The Trinity is one God but three Persons: the Father, Son, and Holy Spirit. Each Person is God but there is only one divine intellect and one divine will which all three persons share equally.

Jesus revealed the truth of the Trinity. Belief in the Trinity requires faith—a gift given at Baptism. "The faith of all Christians rests on the Trinity." (Catechism of the Catholic Church, 232)



Parish Participation

Jesus designed the Church to be a community of believers who make each other strong. Anchor your family life around the life of the Church. Make a point of taking your children to First Friday observances, celebrate feast days, and attend May crowning. These are wonderful expressions of our Catholic spirituality.

Feasts & Celebrations

The Church celebrates the **Feast of Our Lady of the Rosary on Oct. 7**, and dedicates this month to honoring this beautiful prayer form.

Traditional observances include going to Confession, meditating for 15 minutes on one of the mysteries, and the recitation of the Rosary.



Prayer Corner

For those who are ill, especially, **John Westphal**.

For all those suffering from asthma, allergies & other problems with their lungs. May the breath of the Holy Spirit bring comfort to their days.

For the needs of our parish and school community and all our friends and benefactors. For the needs of our parish and school community and all our friends and benefactors.

Pope Benedict's missionary intention prayer for October 2010 is "That World Mission Day may afford an occasion for understanding that the task of proclaiming Christ is an absolutely necessary service to which the Church is called for the benefit of humanity." Christians have always believed that all truth is God's truth. We should not fear those who search for the truth but welcome them, because we know that, if they are sincere, their search for the truth will lead them to Christ.



School Liturgical schedule is available on the website:
www.sacredheartschool.org



BLUE STAR MOMS



CARE PACKAGE COLLECTIONS FOR OUR TROOPS

*The "most needed items"
are listed first in bold*

Power Bars
High protein snacks
 Tuna (foil packs or with crackers)
Beef jerky or Slim Jims
Instant oatmeal or soups (no cups)
Sunflower seeds, pumpkin seeds
Nuts
Powdered drink mixes
Instant coffee/tea/cocoa packets
Sunscreen, lotion
Socks
Movie DVDs, music CDs or cassettes
Travel sized games or small toys
Crossword puzzles
Word searches
Comic books

*Supplies for our
female military personnel*

Hairbrushes
 Hair ties or clips
 Face cleansing/moisturizing items
 Women's deodorant (non-aerosol)
 Tights or nylons
 Women's reading materials
 Nail care items (clippers/files)

Other appreciated items

Cookies (prepackaged)
 Packs of gum
 Individual serving cereal boxes
 Snack bags of chips or pretzels
 Individual condiment packages
 T-shirts
 Underwear
 Travel size hand sanitizer
 Q-Tips
 Bug spray (non-aerosol)
 Deodorant (non-aerosol)
 Travel size foot powder
 Boot liners or insoles
 Eye drops
 Toothbrushes & travel size toothpaste
 Calling cards
 Small first aid kits
 Disposable cameras
 Small memo pads
 Handheld electronic games
 Blank greeting cards
 Pens, paper, envelopes



*Student Council thanks you for honoring our troops with your
thoughtful generosity!
Collection boxes will be at school October 4-8.*