

The PULSE

Sacred Heart Parish School

Volume 4, Issue 8

October 22, 2010

Mission Statement

Sacred Heart Parish School, a Catholic Elementary School within San Benito County serves students preschool through eighth grade.

We are committed to teaching the gospel message of Christ, building community based on Jesus' command to love one another, and serving through prayer, worship, and social action. We provide an environment within which students receive training in our Catholic tradition.

We strive to develop competent and compassionate graduates through spiritual, academic and extracurricular programs. Students are empowered with leadership skills, values, and character traits to enrich personal living and develop as responsible, mature, faith-filled citizens.

We certainly had a very spirited week, many of us would like the weekend to recuperate but we can't rest for long as FUN NIGHT is tomorrow. Kicking off the festivities is a costume parade, please arrive by 4:45pm and don't forget to drop-off your pumpkins and desserts earlier in the day. Rain or shine we will have a great time!

I'm sure many of you have heard the buzz on the playground about a few new items that arrived yesterday, namely the Promethean boards, ELMO's, a few new laptops, etc. We have been blessed with several generous donations, as well as monies from our Technology in the Classroom funds from the February fundraiser. We will be learning and using the new Interactive White Boards (IWB) and document cameras and hope to be able to continue to add funds and money to our Technology initiatives.

I am disappointed that while we have so much to be thankful for and to celebrate this week, it has been for many defined by an ill-advised trip to the theatre. I spoke with each of the grades that attended, expressing my surprise at the content and letting them know I am proud of them for speaking with their parents about things that may be confusing and uncomfortable. Also in the future, I will be more diligent in understanding the content and context of any future productions we choose for our students.

Peace and Blessings, *Mrs. Jurevich*



10:00am - noon

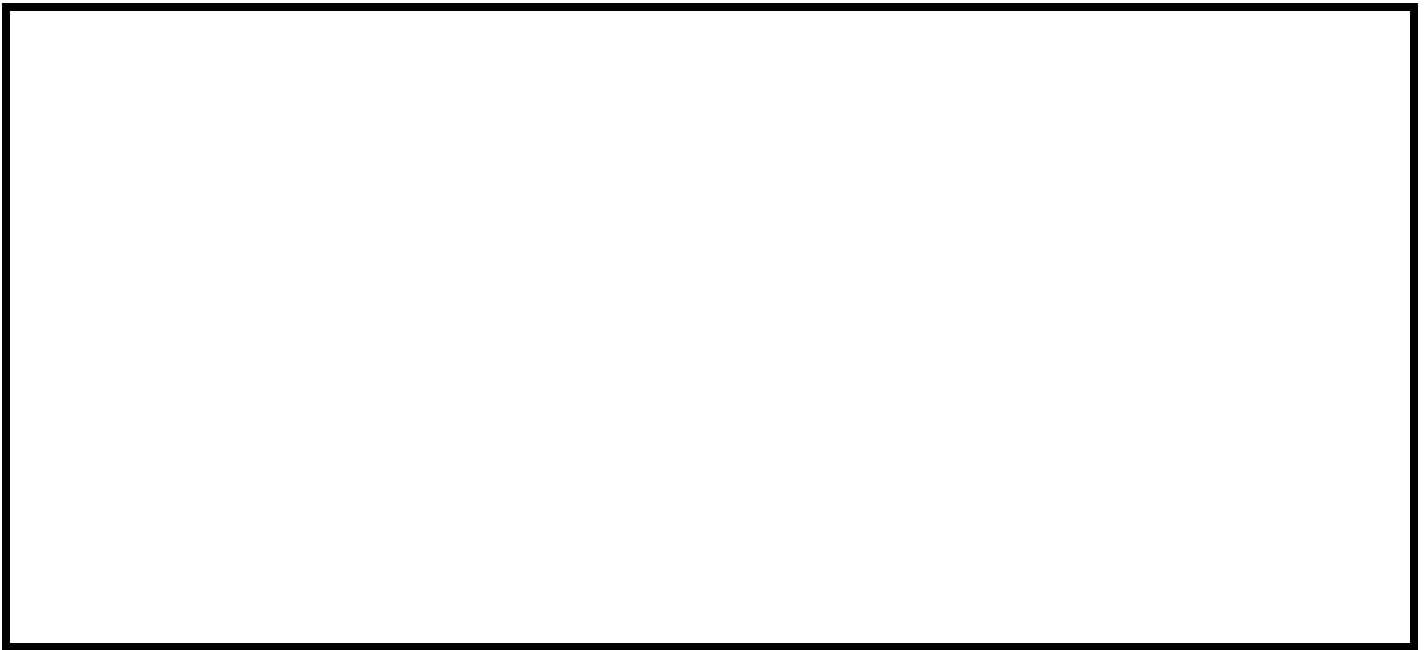
Pumpkin contest drop-off (foyer of Gym)

Cake drop-off (room 215)

Baked good drop-off (in Gym)

4:45pm line up for Costume Parade





eWaste Recycling Fundraiser Event

Sat., Dec. 11, 2010

***9am—3pm
SHPS Parking Lot***

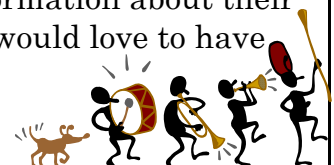
Please recycle your old TV, CPU, monitor and other electrical devices to help raise funds for Technology improvements.

Strong helpers needed. If interested, please contact Miss Tiller at 637-4157.



The Friends of the San Benito County Free Library celebrated their 30 Anniversary last night during National Friends of Libraries Week. They held an essay contest for high school and junior high students, and the essay topic was “Why the Library is My Best Friend”. **Riley Scherr, 6th grade**, was honored as winner of the junior high contest and **Mia Vodanovich**, junior at San Benito High and **Sacred Heart graduate of 2008**, was the high school winner. Also honored for his participation was **David Julian**, 8th grader at Spring Grove, **formerly an SHPS elementary student**. Riley and Mia were honored with certificates of achievement and \$100 each. Their essays are on display at the library located at 470 5th Street. Way to put those Step Up to Writing skills to work!

Halloween Parade will be Friday, **October 29, 2010 @ 2:00 in the gym**. All the students are encouraged to dress and participate. Classroom teachers will send out information about their procedures for their costume change. Remember, please no weapons. We would love to have you attend, see you there!



Important Dates to Remember

October	26	Tues.	3rd Gr. Field Trip to Santa Cruz Natural Museum
	27	Wed.	Min. Day/Faculty Meeting
	28	Thurs.	Mass (6th) -Gr. (2 & 6-8 attend) PS 3/4 to Swank Farms
	29	Fri	Halloween Parade 2:00pm
	31	Sun.	Halloween
November	1	Mon	Mass of All Saints
	4	Thur	Vintage Movie Night
	5	Fri	end of 1st trimester
	8	Mon	Parent Info Night - PS - 3rd grade
	10	Wed	Min. Day/Faculty Meeting
	11	Thur	NO School - Veteran's Day
	12	Fri	Hearing screening
	13	Sat	<i>Celebrating Catholic Education</i>
	15	Mon	Parent/Teacher conferences (PS-K)



Sacred Heart Foundation
presents

Celebrating Catholic Education

November 13, 2010

San Juan Oaks Golf Club

Tickets are available in the Office

\$65/Person (Tax Deductible)

Celebrating Catholic Education - Awardees

Robert (Bob) Bianchi: member of the Sacred Heart Parish School Board; proud father of two Sacred Heart Parish School alumni; and active supporter of the Sacred Heart School Foundation.

Eileen McCullough: former Sacred Heart Parish School faculty member; parent / grandparent of ten Sacred Heart Parish School students / alumni; and long-time volunteer in both the parish and the school.

Fulton Picetti: native son with a long-standing family tradi-

Memories from the Class of 2010

One memory of mine is going to my first dance at Sacred Heart. I remember being so nervous and wanting to say no. My friends kept encouraging me to dance with one of the boys for multiple reasons. Once I said yes, it was ridiculously funny because he was WAY taller than me. I also remember science camp. We were all excited to go and rest in our cabins and go exploring. I remember being in our cabins and we would talk about the randomist things ever. I loved playing games with all my buddies and go run and hang out in the grove. Many of my memories in science camp were different, but I loved it all the way. It was nice to just hang out with friends.

-Genna Invencion



The Basket Wrapping Committee of 2010 would like to
 Congratulate and Thank the Mom's
 of the following children for their **AWESOMENESS!**

Jack and Grace Gillio
 J.P., Mary Claire, and Morgan Scott
 David, Seth and Joseph Nino
 Allison Okamoto
 Kayla Ferry
 Gianna, Sam and Olivia Guerrero
 Mjeka McMullen
 Madison and Jack Kirk
 Jaden Garza Kessler
 James Navarro
 Gino and Dominic Felice
 Noah Bertao
 Jake and Joey Murray
 Jared Solis
 Jacque and Mathieu Morin
 Mathew Arbizu
 Brandon, Riley and Sean Moakler
 Gia Felice
 Molly, Elizabeth and Vincent Nino
 Nicholas, Timothy, Jessica and Madeline Slater

...And their **AWESOME DAD'S TOO** who made
 it All possible!
 Thank You~~~~



Looking ahead....

As you find yourself organizing, de-cluttering please keep a couple of things in mind that the students/school will be requesting/collecting in the coming months....

October
 Fun Night Baskets

November
 Can Food Drive

December
 8th grade Coat Drive
 eWaste: computer recycling

January
 Pennies
 Can Food Drive

April
 Aluminum Can Drive
 Shoe Drive

Call to Service

Serving from the heart is at the core of the Sacred Heart Parish School Volunteer Program. While Sacred Heart is a community of believers, it is also a high commitment school. It is our hope when we serve the school, whether it's cleaning up from lunch or chairing a major fundraiser, we give it our all and serve "heartily as unto the Lord".

The bottom **cushions of the chairs** in the meeting room are in need of recovering. Anyone interested? Please contact the school office.

Paint circles in playground area

Anchor pots at front entrance of school. We would like to place two large planter pots at the entrance of the school.

Install metal runners *under stage* for folding chair caddy.

Install enclosing doors in Gym for Athletic equipment in Gym hallway.

A large wooden/metal cross on the exterior (both) entrances of the main school building.

Curtains for some door windows.



Remove old window screens.

Install decorative film on upper windows in classroom.



Special thank you for **Suzane Slater** and Casa De Fruta for sponsoring Basket wrapping Party. Good turn out and a lot of fun. You did a great job having everything set up, and ready to go. We really appreciated it

THANK YOU!

Soccer Coach Needed



Looking for a boy's soccer coach. The season begins the end of October. Please contact Mrs. Terri Canez if you are interested.



8th grade corner

Those interested in scheduling a **sneak peek appt on Wed Nov 10th from 9:30 to 1pm** should contact **Mandy at Notre Dame** as soon as possible to schedule, ph 751-1850. and

"please note that this is scheduled on a minimum day and carpooling is being arranged."

8th Grade placemats are ready for pickup in the office along with samples to see. Parents are encouraged to begin pulling photos and working on these special photo collages that are presented to the students at graduation.

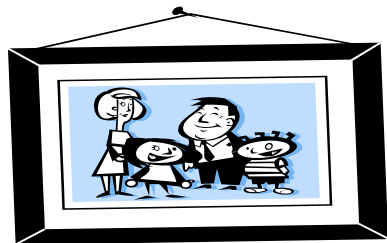
Parent Talk -

My grandmother came from a large family and was sure that at least some of her relatives were "suffering in Purgatory." She prayed the Rosary three times a day in their honor. She also had a special way of observing All Souls Day. Nana Tessie would take me and my two brothers to the cemetery next to her church to decorate the graves of family members. Gravesites of anyone to whom we were remotely related were spiffed and honored. Under her supervision, my brothers and I spent the day sweeping and sprucing. Each time we finished a grave, we prayed a decade of the Rosary for the soul buried there.

My children never knew Nana Tessie, but we continue the tradition she began. Last year we were joined by my two brothers and their families. The day turned into a joyful celebration of family that Nana would be loved.

Thoughtful Moments—*Family Photos*

Displaying religious artwork in each room of your home communicates two important messages. Religious images serve as steady witnesses that faith is an important part of your life. And it reminds all who enter your home that you are members of the large and loving family of God.



Feasts & Celebrations

Oct. 28—Saint Simon and Saint Jude (1st century). St. Simon was a Zealot—Jews who believed that the Messiah would free them from political oppression. St. Jude was a fisherman. After being called by Jesus to be apostles, they eventually ended up in Persia where they evangelized until they were martyred.

Prayer Corner

For all those who are ill or injured especially, **Ron White-Law, John Westphal, Mrs. Helen's, the photographers son, and Mrs. Connors.**

In thanksgiving for the successful rescue of the miners in Chile.

For the needs of our parish and school community and all our friends and benefactors.

Pope Benedict's missionary intention prayer for October 2010 is "That World Mission Day may afford an occasion for understanding that the task of proclaiming Christ is an absolutely necessary service to which the Church is called for the benefit of humanity." Christians have always believed that all truth is God's truth. We should not fear those who search for the truth but welcome them, because we know that, if they are sincere, their search for the truth will lead them to Christ.



Sacred Heart Church is in need of Catechists and helpers in their Faith Formation Program. Training will be provided. If you are interested, please contact Jeanmarie Centeno at 831-524-3715.

Help Prevent Childhood Lead Poisoning this Halloween

Please warn your families that eating lead-contaminated candy is particularly harmful to infants, young children, and pregnant women.

This information is also available in printer friendly format at <http://bit.ly/9HIe2T>

- Lead poisoning can harm a child's brain and cause learning and behavior problems that may last a lifetime.
- There is no known safe blood lead level.
- Most children who are lead poisoned will not look or act sick.

The only way to know if a child is lead poisoned is by doing a blood lead test.

- Encourage parents to bring their children to your office for a simple blood test if they suspect their child has eaten candy that may contain lead.
- Medi-Cal, Healthy Families, and CHDP cover lead screening tests if the child meets the financial criteria and the age period (periodicity).

You can't tell if candy has lead in it just by looking at it or tasting it.

- Parents should avoid giving children imported candy or snacks, especially those candies and snacks imported from Mexico which contain chile spice or tamarind.
- Lead in candy can come from many sources: the soil where chiles are grown, the factories where candy is made, pottery containers, and the ink on the candy wrappers.
- Parents need to be vigilant and familiarize themselves with candies that have tested high for lead. Search for lead contaminated candies at:
<http://www.cdph.ca.gov/healthinfo/discond/Pages/CLPPBChildrenAtRisk.aspx>.

Healthy foods can protect the child from lead poisoning.

Children 1-6 years old are most at risk for lead poisoning. A good diet can help prevent lead from being absorbed into a child's body. Recommend to parents that their child should eat each day:

- 3-4 foods high in calcium (cheese, milk or soy milk, spinach, yogurt, tofu, leafy greens, calcium enriched orange juice, low-fat custard, and corn tortillas)
- 3-4 foods high in iron (beef, chicken, turkey, eggs, dried beans, iron-fortified cereals, tofu, collards, kale, and mustard greens)
- 3-4 foods high in vitamin C to help the body absorb iron (oranges, tomatoes, limes, bell peppers, berries, papaya, jicama, and broccoli)
- Reduce fatty foods such as fried foods, fast foods, and "junk" foods (donuts, potato chips, and cupcakes). However, some fat in the diet is very important for brain development under age two. Milk and butter are healthier sources of fat.