

The PULSE

Sacred Heart Parish School

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Mission Statement

Sacred Heart Parish School, a Catholic Elementary School within San Benito County serves students preschool through eighth grade.

We are committed to teaching the gospel message of Christ, building community based on Jesus' command to love one another, and serving through prayer, worship, and social action. We provide an environment within which students receive training in our Catholic tradition.

We strive to develop competent and compassionate graduates through spiritual, academic and extracurricular programs. Students are empowered with leadership skills, values, and character traits to enrich personal living and develop as responsible, mature, faith-filled citizens.

Care for the most important part of your child

As Catholic parents, we know that our child's soul is the most important part of the body but sometimes we put off nurturing it in favor of more immediate priorities. Yet we know that the body eventually will fail but the soul will live forever. Consider these ideas for raising a strong, healthy soul in your child's body:

Feed the soul like you would the body. Spiritual nourishment can come from attending Mass every weekend, receiving the Sacraments, and encouraging a regular prayer habit. Encourage prayer as a family, too.

Educate the soul. Denying a child a proper academic education is unthinkable, so make sure to provide ample opportunities to learn about our faith through religious education programs. Give religious education class the same priority as any other essential subject. Periodically review the homework, check on progress, and discuss what they are learning.

Show by example. When we teach our child to ride a bike or tie his shoe, we do so by showing him how. Make sure to also show your child ways to live the faith. Discuss what you do to keep your own soul healthy and strong.

Daily exercise is key. We only get better by practice. Make sure your child practices her faith every day.

Prayer and service to others are two easy ways to start. Peace and Blessings, *Mrs. Jurevich*



Lunch servers STILL needed!

11:00am - 12:45

Please complete lunch ordering online via RenWeb and the Lunchmaster website. Milk can be ordered via RenWeb.

We have a lean crew of helpers through the month of October. If we can not rally more lunchtime servers. We will reduce the number of days hot lunch is available beginning November 1st. We have received a few more volunteers, ideally we would like 5-7 more servers..... To be able to rotate more frequently.

Lunch Reminder

In consideration for other students, please **DO NOT** send fast-food, sodas, energy and sugar-filled drinks, or candy for lunches. **Thank you for your compliance.**

Free Flu Clinic

This clinic is **FREE** for all individuals 6 months of age and over.

Tuesday—Nov. 9, 2010

1:30 p.m.—6:30 p.m.

Veteran's Memorial Bldg.

For more info., please call 637-5367

Fun Night News Bites



Laser Tag—The Fun Night **Laser Tag** booth is in need of more laser tag equipment this year. If you have a pair or a set that you would be willing to loan us for the big night, that would be great. We use the **Lazer Tag Team Ops** version. Steve is also looking for help setting up the booth on Friday October 22 right after school, and staffing the booth from 5-9pm on Fun Night. **Please contact Steve or Mindy 623-8484.**

Also, thank you to Mr. Rick Montag for donating paper for Fun Night and 8th Grade Legacy fliers! We also appreciate his donation of boxes for the collections for the troops.

Fun Night Booth Set-up - Brian Johst is in need of volunteers **early Saturday morning and Sunday morning for set-up and take down of booths.** If you are able to help on either day. Please contact **Brian Johst at 408-670-9043.**

We need **volunteers to sell tickets at the ticket booths.** Please **call the office** if you are able to dedicate an hour or two on Fun Night to work in the ticket booth.



Palma High School Open House:

For any families with sons interested in learning more about Palma High School, please join us for an Open House on Sunday, October 17 from 1pm-3pm here in Hollister. The Open House will be at the home of Mary and Will White (868 Holly Oak Ct.). There will be representatives from Palma who will provide lots of information and answer questions about the school.

Please RSVP to Mary or Will White (630-0330) if you are interested in attending.

Come learn about Palma while enjoying some refreshments.

Memories from the Class of 2010

I remember in 1st grade when being able to do the monkey-bars was everything. Everyone tried to jump from the ladder to the third bar. I couldn't do that. One day I tried to, I ended up falling and getting the air knocked out of me. I was only in 1st grade so when it happened I was terrified. I ended up in the office while the rest of the class got to go to the computer lab, my favorite class. I remember in 8th grade how I had three different buddies. I had a choir buddy Monique Hayford, a 6th grade buddy, Ebony Held, and a Class Rep buddy, Luke Brigantino. These were awesome buddies and we had too many memories together for me to explain each one in detail. They made school fun and I'll miss them so much when I graduate.—**Colleen Parga**



Important Dates to Remember

October	11	Mon	Jr. High Conferences-No School for Jr. High <u>ONLY</u> EQ Parent Info. Night for Grs. 4-8 @ 6:00-7:30PM 7th Gr. VB Charter vs. SH @ Crossroads @ 4:00 8th Gr. VB Charter vs. SH @ Crossroads @ 5:00
	12	Tues	Elem. Conferences-No School for Gr. 1-5 <u>ONLY</u> Jr. High group conference - Min. day for 6-8 7th <u>ONLY</u> Gr. VB Crossroads vs. SH @ Crossroads @ 4:15 7th Gr. FFB Charter vs. SH @ Morgan Hill Complex @ 4:00 8th Gr. FFB Charter vs. SH @ Morgan Hill Complex @ 4:00
	13	Wed.	Parent Info. Night - Succeed for Grs. 4-8 @ 6:30-8:00PM 8th grade pictures Student Council Paraliturgy 1;30pm 7th Gr. FFB San Juan vs. SH @ San Juan @ 4:00 8th Gr. FFB Aromas vs. SH @ San Juan @ 4:45
	14	Thurs	
	18	Mon.	<i>Spirit Week begins..... info to follow</i> 7th Gr. VB Aromas vs. SH @ Aromas @ 5:00 8th Gr. VB Aromas vs. SH @ Aromas @ 6:00
	20	Wed.	Jr High dance 4:00-7:00 3rd grade Field Trip
	21	Thurs.	Mass (Gr. 4), attending 3-5 @ 9:00AM San Benito Stage production 4th-8th grade (11:45am)
	22	Fri	<i>Spirit Week ends with a Spirit Rally</i>
	23	Sat	<i>Fun Night</i>

NEW at Fun Night this year – Authentic Mexican dinner by Doña Maria Restaurant of Tres Pinos. \$5 per plate, choice of soft taco or bean & cheese burrito, served with rice & beans. All pre-sale dinner tickets **purchased through the school** will come with 2 free game tickets!!! (Offer not available at Postal Graphics.)

Fun Night Pre-Sale Tickets -

You get a great deal on tickets this way – they are half price – and you don't have to wait in line on Fun Night! **Ticket orders and payments are due at the school office on Friday October 15.** Your tickets will then come home with your child the week before Fun Night. If you miss the school deadline, pre-sale tickets will also be available at Postal Graphics (in the Nob Hill Shopping Center) through Saturday, October 23. Once Saturday evening arrives, all booth tickets will be full price (50¢ each.)

SCRIP



SUBWAY

Don't forget...if you are unable to purchase scrip on Tuesday or Thursday, please leave your order in the office and it will be filled by the following day. We are in the process of adding one or two additional sale days,



Cybercitizen Spotlight: Nip Digital Drama in the Bud

How can you avoid a confrontation that can evolve from Elmo to online games to texting at the dinner table faster than you can say OMG? Beginning when your kids are young, you can help reduce the charge that these issues have by offering alternatives for stuff you're comfortable with. Here are the most common media stand-offs at every age -- and how to nip them in the bud.

Middle School

"I'm getting a Facebook page. I don't care what you say." In middle school, peer influence is strong, and kids begin to make more independent decisions. But Facebook's minimum age is 13 -- and that's to protect kids from marketing come-ons, as well as any dubious social connections.

Try this: Get kids interested in social networks that have a younger minimum age. Also, make sure their privacy settings are set to the strictest circle of friends. Ask that they connect with you on whatever social network they join. Talk to them about responsible online behavior and how their reputation can be affected by questionable posts and photos.

Tips on managing screen time for your children:

http://www.associatedcontent.com/article/5728568/managing_your_childs_screen_time_electronic.html?cat=25

Elementary School

"Can I get a Club Penguin account -- all my friends have one!"

As kids move through the elementary years, friends become more important, and they begin to look to their peers for cues on how to act. [Club Penguin](#) and other [online worlds](#) provide a fun way for kids to socialize online. But you have to pay a subscription fee to enjoy all the benefits -- and what happens when your kid moves onto another interest?

Try this: Let your kids use the site for free for a while and see how they like it. If you think they'll stick with it, give them a full account for a birthday or holiday present. That's a great way to teach them that [virtual worlds cost real money!](#)

Preschool

"Mommy, can I watch another show? Please, please, please?"

Preschoolers love TV -- and love to watch their favorite characters again and again and again. But there's a reason why the American Association of Pediatrics **recommends only small daily doses**. Too much TV has been linked to a host of negative consequences, like lower school readiness, attention-deficit disorder, and obesity.

Looking ahead....

As you find yourself organizing, de-cluttering please keep a couple of things in mind that the students/school will be requesting/collecting in the coming months....

October

Fun Night Baskets

November

Can Food Drive

December

8th grade Coat Drive

January

eWaste: computer recycling
Pennies
Can Food Drive

April

Aluminum Can Drive
Shoe Drive



Tony LoBue for the donation of tables and desks to the school for Technology and other classrooms.

Call to Service

Serving from the heart is at the core of the Sacred Heart Parish School Volunteer Program. While Sacred Heart is a community of believers, it is also a high commitment school. It is our hope when we serve the school, whether it's cleaning up from lunch or chairing a major fundraiser, we give it our all and serve "heartily as unto the Lord".

The bottom **cushions of the chairs** in the meeting room are in need of recovering. Anyone interested? Please contact the school office.

Paint circles in playground area

Anchor pots at front entrance of school. We would like to place two large planter pots at the entrance of the school.

Install metal runners *under stage* for folding chair caddy.

Install enclosing doors in Gym for Athletic equipment in Gym hallway.

A large wooden/metal cross on the exterior (both) entrances of the main school building.

Curtains for some door windows.



Remove old window screens.

Install decorative film on upper windows in classroom.



I would like to thank the following parents and teachers for volunteering their time and energy to be at the Sacred Heart Parish School booth at the San Benito County Fair on Oct 1st thru Oct.3rd.

Thank you, Kim Becerra, Mindy Scherr, Jen Park, Carla Thorning, Danielle Nino, Lisa Nino-Guerra, Rosalba and Jose Martinez, Lori Fisher, Angelica Galvan, Erin Gonzalez, Susan and Carlos Rivera, Sal Ascencio, Nancy Iler, Elvira and Joshua Held, Tianna and Jeff Etheridge, Scott Clement, Beth Albalos, Kristine Pacheco, Shawna Cottrell, Lisa Felice and Mark Mottau.

Thank you, Mr. Strnad, Mrs. Maiwald, Miss Stevens, Mrs. Jurevich, Mrs. T. Canez, Mrs. Basarich, Mr. and Mrs. Soza and Mrs. Mottau for helping in the booth. Thank you Mr. Jurevich for delivering the sports table to the fairground. Thank you to Mrs. J. Canez and Mrs. C. for setting up and decorating the booth before opening day.

I could not have done it without all of your help. Thanks again.

Miss Tiller

8th grade corner

Pictures: October 14th

No one has signed up to coordinate clean-up. Please contact the office if you are interested and available.

The St. Vincent DePaul Society is not only a relief organization, it is a Spiritual Society whose members Sanctify their own lives by serving, assisting, and administering to the poor and unfortunate. The St. Vincent DePaul Society is the oldest Lay Catholic organization in our country. The first Conference was founded in 1833 in Paris France by Frederick Ozanam, a devout Catholic Layman.

The 8th grade class will be taking on as a service project our St. Vincent DePaul (right behind the Pastoral Office). One of our first projects is to have a rummage sale. This will be held on Saturday October 16 for St. Vincent DePaul.

Clothing guidelines for catholic kids

Fashions worn by friends or favorite celebrities often feel right to young people even if they are too tight and show too much skin to be considered modest. Such styles can distract people from a child's personality, accomplishments, and faith. Instead, try these tips to help children dress modestly and fashionably, too.

Think "layers." Does your child love low-cut styles or bottoms that show underwear? Try pairing a tank top under a top with a plunging neckline or wear a pair of running shorts under sagging bottoms.

Color me funky. The season's hottest colors can make even modest clothing seem fashionable. When you find modest styles, choose the brightest or most popular colors.

Test the light. If you think a fabric may be too transparent, place a layer over a newspaper. If you can see the letters through it, the fabric is too sheer.

Fit right. If your child loves something that you think is too tight, look for the next size or ask if the store offers alterations.

Thoughtful Moments—A Noble Purpose

Each of us was created wonderfully by God to serve him and others in this life and live in eternal happiness with him in the next. Remind children regularly that God made them with deliberation and help them discover the nature of their own noble purpose in God's kingdom.

Scripture Lesson—Luke 19:1-10. Zacchaeus makes a special friend.

Zacchaeus was not a popular man. As the chief tax collector in Jericho, he probably took more than his share and became wealthy amidst other people's misery. Imagine the crowd's reaction when Jesus spotted Zacchaeus in a tree and invited himself to dinner at Zacchaeus' home. People were stunned that Jesus would choose to associate with someone they excluded. For his part, Zacchaeus shot down from the tree and fell all over himself to make Jesus welcome.

It didn't bother Jesus that Zacchaeus was unpopular or sinful. He often befriended the most unlikely people. As it turned out, Zacchaeus was so eager for Jesus' friendship that he changed his life as a result and pledged generous amends for past sins.

What can a parent do? Encourage your children to ignore gossip and nasty comments made about peers. If they have questions about the suitability of a friend, tell them to come to you instead.

Teach youngsters to respect everyone, even those who are excluded by others. Jesus was tolerant and quick to forgive. We need to do the same.

Prayer Corner

For those who are ill, especially, **John Westphal, Genie Yamaoka, Ron White-law, and Marieka Leim.**

For all those who are suffering from cancer especially, **Catie Gonzalez' cousin Michael and Enz Family's cousin.**

For all those who have died especially, **Ernie Prewitt, Tammy Donnavan, Emily Bettancourt and Janet Roberts,** the lady who so generously donated the property on which St. Benedict's Church sits.

For the needs of our parish and school community and all our friends and benefactors. For the needs of our parish and school community and all our friends and benefactors. Pope Benedict's missionary intention prayer for October 2010 is "That World Mission Day may afford an occasion for understanding that the task of proclaiming Christ is an absolutely necessary service to which the Church is called for the benefit of humanity." Christians have always believed that all truth is God's truth. We should not fear those who search for the truth but welcome them, because we know that, if they are sincere, their search for the truth will lead them to Christ.



Feasts & Celebrations

Oct. 19—Saint John de Brebeuf and Saint Isaac Jogues and their companions (1652). Six Jesuits and two laymen became missionaries to Native American tribes in North America. Unwelcome and distrusted, they spent more than 20 years in a difficult ministry. St. John de Brebeuf won the Iroquois' respect by his