

The PULSE

Sacred Heart Parish School

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Mission Statement

Sacred Heart Parish School, a Catholic Elementary School within San Benito County serves students preschool through eighth grade.

We are committed to teaching the gospel message of Christ, building community based on Jesus' command to love one another, and serving through prayer, worship, and social action. We provide an environment within which students receive training in our Catholic tradition.

We strive to develop competent and compassionate graduates through spiritual, academic and extracurricular programs. Students are empowered with leadership skills, values, and character traits to enrich personal living and develop as responsible, mature, faith-filled citizens.

Evening in Tuscany

February 4th

reverse draw tickets

Don't forget to purchase your reverse draw ticket

for \$75.00. The Grand prize is a \$1500 gift certificate for the Hotel Valencia at Santana Row.

Come in the office and purchase tickets or call Ed Moakler to buy or sell additional tickets.

On Tuesday and Wednesday, we were treated to the talents of our young orators, from kindergarten to eighth grade each and every one was unique and special. This **Sunday begins Catholic Schools Week**, we celebrate the gift of Catholic education with themed activities planned for each day, see schedule inside this bulletin. The Book Fair is open Mon-Thursday from 2:30pm - 6:30pm and Fri. 10:30-1:30pm, stop by and pick up a some books for the **Reading Challenge** which begins on Wednesday. Don't forget about the Penny Challenge this coming week. Catholic Schools week concludes with **Grandparents Day** on Friday. **An Evening in Tuscany** gives the adults a chance to let our hair and have some fun! This is the only school sponsored fundraiser which helps to close the gap between tuition and the cost of educating each child. The success of this evening *really* makes a difference in our operating budget. We have a *very* busy week ahead. Recently I have begun to recite the *Serenity Prayer* to help calm myself and remember to take time for prayer and peacefulness. I share the following bible verse:

Trust in the LORD with all your heart
and lean not on your own understanding;
in all your ways acknowledge him,
and he will direct your paths. *Proverbs 3, 5-6*

Catholic School's Week Activities

Monday-Doughnuts for dad and muffins for mom at 8:00am!

Tuesday-Higher education day-high school or college shirt or sweatshirt with uniform bottoms

Wednesday-Hollywood day-red carpet with photographers at snack. (No make-up & athletic shoes)

Thursday-Spirit rally (1:30) and Teacher vs. Student volleyball game

Friday-Grandparents Day



Did you Know?

Junior High Music

Our sixth grade Music students have been memorizing the tempo terms used to qualify how fast or slow a piece of music should be performed. Italian terms such as ***andante, largo, presto, lento, and adagio*** are now part of our music vocabulary. We have also been studying the four properties of a musical tone: **duration** (how long the tone lasts), **pitch** (how high or low the tone is), **dynamics** (how loud or soft the tone is performed), and **timbre** (the unique sound or voice of the tone). Additionally, most of our sixth graders have been practicing diligently as we work on the last section of our recorder text. They are even able to sight read and play many of the hymns we sing at Mass.

The seventh grade has been memorizing the terms used to communicate the dynamics which add expression to our music. These terms are notated with symbols throughout a musical piece. The seventh grade class can draw the symbols, give the name of the symbol in Italian, and define terms such as ***forte, mezzo piano, fortissimo, and crescendo***. As part of our piano studies, we are learning to identify and construct melodic and harmonic intervals. Our piano performance lessons are advancing very nicely. This class has many talented pianists who are willing to help their classmates unlock the secrets of guiding the right hand to read and play treble clef, while the left hand reads and plays bass clef. Our fifteen minutes of daily practice really does produce results!

The eighth grade is continuing their studies of key signatures, constructing major scales, and interpreting rhythms with eighth notes, sixteenth notes, dotted quarter notes, and dotted eighth notes. The class has been practicing short piano excerpts in challenging key signatures, as well as the less complicated melodies in our textbook. We will soon begin composing and playing the tonic, subdominant, and dominant chords that match the major scales we have been constructing during our music theory lessons. Our rhythmic studies require an understanding and application of fractions of a beat, exercising the part of our brain that music and math cohabitate. As we advance through the second half of the school year, continued **daily piano practice** (fifteen minutes) is usually the greatest determiner of success in eighth grade music.

Music is a science, it is mathematical, and it is a foreign language. The performance of music is a type of physical education, requiring fantastic coordination and muscle control. Music is history, reflecting the environment, culture, and times of its creation, but most of all, Music is art. It teaches us to recognize and produce beauty, become sensitive, compassionate, and able to communicate human emotion. Music helps us touch the infinite and express what cannot be put into words. Thank you for encouraging your child's efforts in Music.

Wishing you prayers, blessings, and a song in your heart always,

Mrs. Olivas



LUNCH VOLUNTEERS WANTED

If you are interested in serving lunch we would love to hear from you! Please call Maria Donati at 801-8323 for more information.



Athletic Dept. Looking for parents that need service hours. The athletic department needs assistance scorekeeping during the boys basketball season.

No prior experience needed.

Please contact Mrs. Terri Canez



Important Dates to Remember

Jan	29	Sun	Family Mass @ 10:30am
	29	Sun	Open House for prospective families 2-4:00
	29-3		Catholic Schools Week
	30	Mon	6th Gr. Boys BB vs. Ladd Lane @ Maze @ 4:00pm 7th Gr. Boys BB vs. Rancho @ Rancho @ 4:00pm 8th Gr. Boys BB vs. Maze @ Maze @ 5:00pm
Feb.	31	Tues	Girls Soccer vs. San Juan @ Vets Park @ 4:15pm
	1	Wed	Girls Soccer vs. Spring Grove @ Vets Park @ 4:00pm
	2	Thur	9:00am Mass (3rd grade) 7th Gr. Boys BB vs. San Juan @ SH @ 4:30pm 8th Gr. Boys BB vs. San Juan @ SH @ 5:30pm
	3	Fri	Grandparents Day/MIN. DAY
	4	Sat	Evening in Tuscany
	9	Thur	9:00 am Faith Partners Mass (6th grade)
	11	Sat	Community Volunteer Fair
	20	Mon-Fri	Winter Break!

Book Fair is coming!

The Scholastic Book Fair will be held January 30th through February 3rd (2:30 - 6:30pm Mon thru Thursday. Friday times are 10:30 am - 1:30 pm).

Anyone interested in helping out, please contact Adriana Ferry 831-905-2615 .

It was a great success last year, contributing funds for the purchase of over 100 books for our library, 2 listening centers for classrooms, MimioTeach for Jr High Math classroom and several other items for our school.

And it is a great way to inspire and support our children to become enthusiastic readers!



SPEECH SEMI-FINALISTS & Finalists

Congratulations to our semi-finalists and finalists for our speech contest. They all did a fabulous job!

Finalists

Grs. 1-2

- Madison Kirk (1st)
- Elizabeth Nino(2nd)
- Samantha Gonzalez (3rd)

Grs. 3-4

- Gianna Guerrero(1st)
- Grace Gillio(2nd)
- Marisa Angulo(3rd)

Grs. 5-6

- Kieley Hoskins(1st)
- Leah Cottrell(2nd)
- Elena Gonzalez(3rd)

Grs. 7-8

- Riley Scherr(1st)
- Ashley Slavich(2nd)
- Maggie Campo(3rd)

THANK YOU!!

Thank you to our wonderful semi-finals and finals judges. You were great!!!

Tom Breen, Kathy O'Donnell, Bill Healy, Margie Barios, Adam Breen, Sonie Petersen, Breanna Mottau, Rebecca Pearson. Kristen Jurevich and Antonio Vela.

Catholic families shine with love

Pope Benedict recently said that just like the Catholic Church as a whole, the Catholic family is called to “welcome, radiate and show the world the love and presence of Christ.” This love is evident when we:

Care for and educate our children. And studies have shown that youth who feel loved and cared for are more likely to avoid risky behavior like indulging in drugs, alcohol, and sexual activity.

Care for the poor. Families that make a regular practice of helping the poor teach children compassion, empathy, and love of neighbor.

Care for our local parish. Without each of us, our parishes can’t pay bills, perform necessary ministries or do God’s work. Becoming active in and supporting the parish at a young age helps build a child’s Catholic identity, and that helps to “radiate” the presence of Christ as an adult.

Strike a balance between work and play. Work is important, but it is often during the family time when we make loving memories that will last a lifetime.



Prayer corner

For those who are ill especially, **Mrs. San Miguel, Mrs. Olivas, Mr. Miller, and Mr. Edgerle and Sr. Catherine.**

For the needs of our parish and school community and all our friends and benefactors.

Pope Benedict's general prayer intention for January 2012 is *"that the victims of natural disasters may receive the spiritual and material comfort they need to rebuild their lives."* Christians have always believed that all truth is God's truth. We should not fear those who search for the truth but welcome them, because we know that, if they are sincere, their search for the truth will lead them to Christ.



Car Wash fundraiser

Bryce Rogers ('08) is organizing a car wash to raise funds for a Missionary trip to Costa Rica in March 2012. The car wash is from 8 to Noon, Jan. 28 at the corner of Memorial and Sunnyslope (medical offices parking lot). All proceeds go toward the cost of the trip.



Immaculate Heart Radio

The Most Reverend Richard J. Garcia,
Bishop of the Diocese of Monterey
and

Immaculate Heart Radio
cordially invite you to
celebrate the launch of
1240 AM KNRY,
which will broadcast
the best of Catholic radio
programming, 24/7.

Sacred Heart Parish School students are on FIRE and show it by:



Faith

- Actively participating in Mass, religious studies and Catholic traditions
- Using different types of prayer to show reverence for God's creation, self, family, and others
- Having a basic knowledge of the teachings, doctrine, and practices of the Catholic Church



Intelligence

- Showing grade level proficiency in core subjects
- Using technology responsibly as a tool for learning
- Using study skills wisely



Responsible citizenship

- Reaching out to serve others
- Demonstrating self control and responsible behavior
- Realizing that individual choices impact the world socially and environmentally



Effective communicators

- Effectively presenting ideas with confidence and poise in a variety of situations
- Expressing written thoughts clearly, using correct grammar and mechanics in diverse forms and for different purposes
- Utilizing technology effectively to communicate with a variety of audiences

Media Savvy parent in 2012:

Here are four things to keep in mind if you have kids under 2: **Set limits.** It may not be realistic to keep little kids completely away from screens. But the early years are crucial for developing lifelong habits. Set limits by turning off the television when a show is over, or set a timer for a short period of screen time (and sit with your child as they watch and play).

Have a strategy. It's easier to set limits when you have a plan for when, how much, and what your kid will be playing and watching.

No TV in the bedroom. The AAP recommends that parents avoid placing a television in the bedroom.

Check yourself. Do you leave the TV running? The AAP found that "background TV" can interfere with parent-child interactions as well as a child's playtime. Kids learn from our behavior.



I want to say a very special thank you to the following students, parents,

and faculty members for volunteering last Saturday at the eWaste drive. These volunteers spent their Saturday unloading donations from cars and trucks, sorting the items, and loading items into the Western Recycling eWaste trucks.

THANK YOU Jonathan Jurevich and Matthew Gastello, 8th graders, Mr. and Mrs. Arredondo, Mrs. Berntsen and her son, Alec, Mr. and Mrs. Maupin, Ms. Reed, Mr. Jurevich, and Mrs. Gastello for lunch. Thank you Mrs. T. Canez and Mrs. Andrade for your help.

Also I want to thank those of you who brought items to be recycled at the eWaste drive. This year's drive was a huge success thanks to everyone involved. Miss Tiller



SACRED HEART
PARISH SCHOOL

Presents

An Evening in Tuscany

DINING • DANCING • SILENT & LIVE AUCTIONS



SATURDAY

FEBRUARY 4

BOLADO PARK

PAVILION

\$75 per person

5pm Happy Hour • 5-9:30 Silent Auction • 6-7:30 Dinner •

7:45 Live Auction Begins • Dancing until 12 am with **MONEY BAND**

CALL 831.637.4157 FOR TICKETS

Must be 21 . All Proceeds Benefit Sacred Heart Parish School



SACRED HEART PARISH SCHOOL

Grandparents' Day Bring List February 3, 2012

Please help us make Grandparents' Day a real treat by bringing the following items for our special guests. *Thank you! -PASS*

Grade	Students are asked to bring...	When and Where
Preschool	1 bunch of flowers (any kind ok)	Thurs. (2/2) 11:30am Pre-K classroom
Pre-K	1 bunch of flowers (any kind ok)	Thurs. (2/2) 11:30am Pre-K classroom
Kindergarten	baked goods (* quantity suggested below)	Friday (2/3) by 8am School Kitchen
1 st Grade	"no sugar added" baked goods	Friday (2/3) by 8am School Kitchen
2 nd Grade	baked goods (* quantity suggested below)	Friday (2/3) by 8am School Kitchen
3 rd Grade	small bowl of cut up fruit	Friday (2/3) by 8am School Kitchen
4 th Grade	small bowl of cut up fruit	Friday (2/3) by 8am School Kitchen
5 th Grade	1 quart orange juice	Friday (2/3) by 8am School Kitchen
6 th Grade	1 quart apple juice	Friday (2/3) by 8am School Kitchen
7 th Grade	1 package small dessert napkins (red or white are great)	Friday (2/3) by 8am School Kitchen
8 th Grade	1 package small paper plates (24-30)	Friday (2/3) by 8am School Kitchen

***Examples of baked goods:**

6 muffins, 6 croissants, 6 donuts, 6 bagels, sweet bread, coffee cake, bundt cake, 6 cookies, etc.

If you have any questions, or would like to help with set-up or clean-up, please call Heidi Jumper 928-210-4206 or email: gagiepagie@sbcglobal.net



An Evening in Tuscany

**Please bring your best PIE, CAKE or ANY-
THING CHOCOLATE**

**Saturday, February 4, 2012
BOLADO PARK PAVILION**

DROP OFF YOUR DESSERT AT BOLADO PARK HALL FROM 11am to 7pm

**For fundraising hours, please send a note to
KCAMPO@RAZZOLINK.COM listing the kind of dessert (s)
you're bringing**

OR

Fill out this form and give to the front office by Wednesday, Feb 2nd.

+++++

NAME _____

DESSERT #1 _____

DESSERT #2 _____

**An Evening in Tuscany
1 DESSERT—1 FUNDRAISING HOUR
2 DESSERTS = 1 1/2 FUNDRAISING HOURS**