

The PULSE

Sacred Heart Parish School

Volume 6, Issue 5

September 28, 2011

Mission Statement

Sacred Heart Parish School, a Catholic Elementary School within San Benito County serves students preschool through eighth grade.

We are committed to teaching the gospel message of Christ, building community based on Jesus' command to love one another, and serving through prayer, worship, and social action. We provide an environment within which students receive training in our Catholic tradition.

We strive to develop competent and compassionate graduates through spiritual, academic and extracurricular programs. Students are empowered with leadership skills, values, and character traits to enrich personal living and develop as responsible, mature, faith-filled citizens.

Parent Helpers Needed:

The **6th gr. class** is looking for a February fundraiser coordinator. **Grades 7th and 8th** is in need of a February Fund-raiser Coordinator. If you are interested in helping, please contact Danielle Nino @ dnino@razzolink.com or Jackie Taylor @ taylor-jaqueline1282@gmail.com

Our faculty enjoyed two information packed days with fabulous presenters from Gurian Institute. We laughed, learned a lot and developed actions and next steps for our school and classrooms. The emphasis of this professional development is on increasing student engagement, focusing instructional strategies on the strengths each student brings, and increasing movement in the teaching process. Please save the date and plan to attend the **Parent Info Night on November 8th for all parents**. Presenters from Gurian Institute will be returning to lead the Parent Info Night and provide parents with information and strategies to use at home to promote learning.

This week we have Student Council Inauguration on Thursday, with a special liturgy. On Friday, 1st grade will venture to the Gizdich Apple Farm while we celebrate Children's Holy Hour. This year will be our second year participating in Worldwide Children's Eucharistic Holy Hour.

We have a busy month ahead 8th grade pictures, Parent Info night for grades 3-8, Uniform Exchange, parent conferences, spirit week, the *first Jr.* High dance of the year, and our community event Fun Night!

Congratulations to all our Fair participants. I saw so many of you there and I truly enjoyed the creative projects and terrific work with your animals. Fantastic job Spartans!

Peace and Blessings, Mrs. Jurevich

Upcoming PASS Meeting October 3

All parents/guardians and staff are invited to attend the monthly PASS Board Meetings. The meetings are held the first Monday of every month, in the school library. Next month's PASS meeting will be held on **Monday, October 3 at 4:15pm in the school library**. Please join us to find out what's going on, or if you'd like to support us in any of our activities! See you then!

Did you know?

- The ideal school day for a teen is 10:00am to 4:00pm due to shifts in melatonin levels during adolescence.
- REM sleep stimulates the brain regions used in learning.
- The brain's greatest needs are oxygen, water and nutrient-rich foods like: eggs, blueberries, avocados, milk, tuna, salmon and broccoli.
- Today's 12-17 year olds spend more time watching TV (15,000 hours) than they do in school (11,000).
- The unrealistically fast pace of the visual images typical of TV programming may alter normal brain development.
- When cortisol levels go up, learning goes down.
- Drinking water reduced cortisol levels in children in just 5 minutes!
- Good stress can enhance learning: when we have a sense of control, over our circumstances, adequate rest between challenges, and we have motivation and ability to resolve a problem.

These are just a few examples of the knowledge we received during our two day professional development with the Gurian Institute... **Save the Date: November 8, 2011 @ 6:30pm**



Attention Women of our Parish—WINGS (Women IN God's Spirit)

Gather with other women in sharing your faith through prayer and reflection. We'll meet on six Mondays in St. Benedict Hall on **October 10th & 24th and November 14th & 21st from 9:30am to 11:30am.** This series will conclude on November 21st. "Taste and see the goodness of our Lord" from a female perspective. Join us and bring a friend. For more information contact Eileen Healy at 637-9806 or Tess Ucovich at 630-1898.

PALMA HIGH SCHOOL OPEN HOUSE (HOLLISTER)

Please join us for an Open House on Sunday, **Oct. 16th from 1pm-3pm** here in Hollister. The Open House will be held at the home of Mary and Will White (868 Holly Oak Ct.). There will be representatives from Palma who will provide lots of information and be happy to answer any questions about the school. This is a great local opportunity to learn more about Palma.

Please RSVP to Mary or Will (630-0330) if you are interested in attending.

Come learn about Palma while enjoying some refreshments...**Go Chieftains!**

Pulse News: This year we are sending the **Pulse electronically to all families and printing for students in PS through 3rd, only.**

If you would like to **receive a hard copy** of the Pulse, **let your child's teacher know** so we can make arrangements to send one home with your child.

Important Dates to Remember

Oct.	3	Mon	PASS Board meeting 7th Gr. VB vs. Oakwood @ SH @ 4:00 8th Gr. VB vs. Oakwood @ SH @ 5:00
	4	Tues	7th Gr. Flag Football vs. Charter @ MH Complex @ 4:00 8th Gr. Flag Football vs. Charter @ MH Complex @ 5:00
	5	Wed.	7th Gr. VB vs. Charter @ SH @ 4:00 8th Gr. VB vs. Charter @ SH @ 5:00
	6	Thurs.	Student Council Inauguration 1:30pm 7th Gr. Flag Football vs. Spring Grove @ SG @ 4:00 8th Gr. Flag Football vs. Spring Grove @ SG @ 5:00
	7	Fri	1st Gr. Field Trip to Gizdich Farms Children's Holy Hour

Kindergarten Parents

If you received a letter from Mrs. Picha requesting updated immunization shots, please bring them in ASAP as they need to be done by October 7, 2011.



LASER TAGGERS NEEDED FOR FUN NIGHT

The Laser Tag booth is in need of additional laser taggers for Fun Night this year. If you happen to own any **LASER TAG Team Ops** taggers by Hasbro, and would be willing to loan them to the booth the week of Fun Night, please contact Steve or Mindy at 8484. you!!!



623-
Thank

*Save the Dates:
November 5, 2011*

Celebrating Catholic Education

San Juan Oaks

Sacred Heart Foundation will host an Inaugural event. This event we will honour alumni, current and former teachers for their service to Catholic education. Our efforts will help to enable families to provide their children with a foundation for life.

February 4, 2012

An Evening in Tuscany

Bolado Park

Sacred Heart Parish School annual fundraiser currently providing funds to the operating budget. We will need everyone's help to continue our successful fundraising efforts to support our school. Please contact John Brigantino or Rob Nino to donate time, talent or treasure.

Parent Talk

Jamal isn't allowed to play video games during the weeks so when Friday comes, he quickly disappears to meet his friends online. Last weekend was different, though. He came upstairs after only a few minutes because his friends were playing a new game that my husband and I don't approve and won't buy. We won't even let him use his own money to buy it. It's very violent.

It was hard to see him sad but this wasn't the first time we have forbidden something allowed by other families. In this case, my husband and I feel strongly that violent video games hurt children and we won't accept them just because other parents say they are okay. Our standards are different.

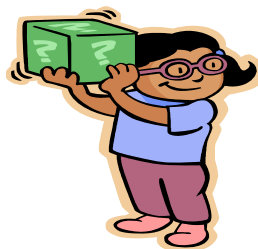
Jamal doesn't like feeling left out. But, as Catholics, we have to do what we think is best even if it isn't always easy or popular. God is watching.



FUN NIGHT MYSTERY BAGS

Please donate an item for your class mystery bags. The item can be up to \$5 or you can donate \$5 toward the bag. Boxes will be in the classrooms on Oct. 3. The classroom bags are as follows:

- PS 3 (PM)—Summer Fun
- PS 4 (AM) —Cooking With Kids
- PreK—Kids Art Project
- Kinder Vela—Halloween Party
- Kinder Ito—Picnic Outing
- 1st Canez—Mom & Daughter Time
- 1st Arbizu—Dad & Son Time
- 2nd Gr.—Beach Day
- 3rd Gr.—Family Game Night
- 4th Gr.—Family Movie Night
- 5th Gr.—Girls Sports
- 6th Gr.—Scrapbooker's Delight
- 7th Gr.—Local Goodies (non-alcoholic)
- 8th Gr.—Boys Sports



Prayer corner

For those who are ill especially, **Mrs. Picha, Miss Westphal, Mrs. Scimeca, Mrs. San Miguel, Mrs. Olivas and Mr. Miller.**

For the needs of our parish and school community and all our friends and benefactors.

Pope Benedict's general prayer intention for September 2011 is *"That all teachers may know how to communicate love of the truth and instill authentic moral and spiritual values."* Christians have always believed that all truth is God's truth. We should not fear those who search for the truth but welcome them, because we know that, if they are sincere, their search for the truth will lead them to Christ.



SHPS Men's Club Ipad 2 RAFFLE

Ticket Prices:

1 for \$5.00

or

3 for \$10.00

Do not need to be present to win



**Winner announced
at the Christmas
Program**

Tickets available in the office

Support the sports at SHPS